

Is it an Emergency?

IN A MEDICAL EMERGENCY OR IN DOUBT, GET EMERGENCY CARE!

However, not every medical situation requires a trip to the Emergency Room.



WHEN TO CALL 9-1-1?

EVERY MINUTE COUNTS. DON'T DRIVE YOUR YOURSELF. CALL 9-1-1 WHEN:

- **Signs of a heart attack** such as chest pain, pain in the left arm or jaw, sudden weakness, nausea or dizziness
- Life- or limb-threatening injury
- **Signs of a stroke** such as numbness, slurred speech, severe headache, weakness on one side of the face, or loss of consciousness
- Difficulty breathing or shortness of breath



EMERGENCY ROOM?

\$\$\$ GO TO THE ER IF:

- Broken bones or dislocated joints
- Deep cuts, especially on the face
- Head or eye injury
- Sudden change in mental state/ suicidal thoughts
- High fevers, fevers with a rash
- Severe pain, particularly in the abdomen
- Vaginal bleeding with pregnancy
- Serious burns
- Seizures
- Severe allergic reaction
- Overdose or poisoning



URGENT CARE?

\$\$ CHOOSE URGENT CARE IF:

- Gradual symptom onset
- You already know the diagnosis but can't get a same-day appointment with your primary care physician
- Not life- or limb-threatening but you need immediate care
- Sprains, broken bones of wrist, hand, ankle or foot
- Cold, flu, sore throat, mild asthma
- Rash without a fever
- Urinary tract infections



DOCTOR'S OFFICE?

\$ MAKE AN APPOINTMENT FOR:

- Regular health screenings, physical exams and checkups
- Most medical conditions, minor emergencies and episodes of illness
- Management of chronic illness



Brevard
HEALTH
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Brevard Health Alliance operates as a doctor's office by offering primary, pediatric, dental, behavioral, diagnostic and medication services all at a low cost. Free vaccines are even offered. BHA will not turn anyone away for inability to pay. Visit BHACHC.org for more information.



**PARRISH**
HEALTHCARE

Healing Families—Healing Communities®

Sources: American College of Emergency Physicians,
Centers for Disease Control (CDC)