

909 Lane Ave
Titusville, FL 32780
Hours: Mon-Thur 9am-4pm
Fri 9am to 1pm

January 2025

Phone: 321-268-2333
Email: nbsc@cfl.rr.com
Website: <http://nbsc.website>
Editor: Linda Trawle

North Brevard Senior Center

Our 2025 Officers

President – Anita James

1st Vice President – Paulette Amaral

2nd Vice President – Rachel Kusterer

Treasurer – Cathie McMullin

Secretary – Jeany Heaney

Please support them this year by joining the Board of Directors or volunteering even one day a month!

HANDS - HEAD - FEET Your Center needs all of you!

Help is needed to support our nonprofit Corp .
Examples of how **YOU** can help includes: Rentals to oversee them.

Committees (special events, ways & means, etc.)
For more info or to volunteer, please write down your area of interest & experience (not required) and turn it into our Ops Manager Linda Trawle

**WE'RE LOOKING FOR
BOARD MEMBERS!**



*From the
board of directors*

IT'S TIME!



**DON'T DELAY, RENEW
YOUR MEMBERSHIP
TODAY!**

**2025 Membership \$20.00 for the Year!
Become a Booster for \$10.00 a Year helps
support our newsletter!**



*The Center will be
closed the
Monday,
January 20th*

NBSC Activities — Guests welcome!

<u>ACTIVITY</u>	<u>TIME</u>	<u>MEMBER/GUEST DONATION</u>	<u>CONTACT PERSON</u>	<u>CONTACT PERSON</u>	<u>CONTACT PERSON</u>
MONDAY					
Strength and Stretch	9AM-10AM	\$2/\$3	Room B	Susan	(540)-220-4831
No. Brevard Line Dance	10AM-12:30PM	\$3/\$4	Gold Room	Yvette	(321) 258-6534
Poker	10AM-2PM	\$2/\$3	Library	Les	(321)-591-5156
Yoga	11:30AM-12:30PM	\$5/\$6	Room B	Cindy	(321) 576-2782
Golden Hearts Senior Fitness	1PM- 2PM	\$5/\$6	Gold Room	Robin	(321) 514-5945
Mexican Train Dominoes	1PM-3PM	\$2/\$3	Room A	Joanne	(321) 267-5923
Hand & Foot	12:30PM-3:30PM	\$2/\$3	Room A	Donna	(407) 808-5237
Progressive Rummy (1st & 3rd Mon)	1PM-3:30PM	\$2/\$3	Room B	Cathie	(610) 715-2237
Bunco (2nd Mon)	9:30AM-12:30 PM	\$4/\$5	Room A	Carol	(332) 268-8087
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Blast	7:15PM- 8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
TUESDAY					
Beginning Tap Dance	9AM-10 AM	\$2/\$3	Room B	Susan	(540) 220-4831
Pinochle	10AM-2PM	\$2/\$3	Room A	Cat	(321) 231-1135
Muscle Memory, Strength, Balance	10AM-11:00AM	\$2/\$3	Gold Room	Natine	(321) 609-0999
Tap & Jazz (Intermed)	11AM-12PM	\$2/\$3	Room B	Marsha	(309) 236-7786
Connie's Card Making (2nd Tues)	11:00AM-12:00PM	\$4/\$5	Library	Connie	(410) 598-3755
Mahjongg	12:30PM-3:30PM	\$2/\$3	Room A	Andi M.	(321) 385-3595
Darling Damsels Bridge	12:30PM-3:30PM	\$2/\$3	Library	Kathy .	(321) 268-4827
Tai Chi	1PM-2:30PM	\$4/\$6	Room B	Ada	(321) 848-4689
Zumba Toning	6PM-7PM	\$7/\$8	Gold Room	Robin	(321) 514-5945
WEDNESDAY					
Beginning Ballet/Lyrical	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba- Gold	9:15AM-10:15AM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Hurricane Rug Hooking (2nd&4th Wed.)	10AM-2PM	\$2/\$3	Library	Fonda	(321) 298-2796
Golden Hearts Senior Fitness	11AM-Noon	\$5/\$6	Gold Room	Robin .	(321) 514-5945
Beginning Line Dance	11AM-Noon	\$3/\$4	Room B	Yvette	(321) 258-6534
Duplicate Bridge	11:30-3:30PM	\$2/\$3	Room A	John	(321) 269-5525
Line Dance Class Beginner/Inproved	4:30PM-6:30PM	\$5/\$6	Gold Room	Cathy	(814)571-2834
THURSDAY					
Bingo (Play begins at 10AM)	9AM-2:30PM	Varies (#of cards played)	Gold Room	Cat	(321) 231-1135
Beginning Jazz/Contemporary	9AM-10AM	\$2/\$3	Room B	Susan	(540) 220-4831
Zumba Gold Tone/Chair	11:00AM-12:00PM	\$7/\$8	Room B	Robin	(321) 514-5945
Zumba	6PM-7PM	\$7/\$8	Gold Room	Robin .	(321) 514-5945
Core & More	7:15PM-8PM	\$5/\$6	Gold Room	Robin	(321)514-5945
Board of Directors Mtg. (2nd Thursday)	3PM	N/A	Library	Anita	(918) 810-3534
FRIDAY					
Muscle Memory, Strength, Balance	10AM-11AM	\$2/\$3	Gold Room	Natine	(321) 609-099
Euchre	10AM-1PM	\$2/\$3	Library	Barbara	(321)750-2679
No. Brevard Line Dance (Impr/Intermed)	12PM-2PM	\$3/\$4	Gold Room	Yvette	(321) 258-6534
Cribbage	1PM-3PM	\$2/\$3	Library	Carole	(321)268-2333
Karaoke	2PM-5PM	\$2/\$3	Room A	Mike	(321) 268-2013
Line Dance Social (Last Friday of the Month)	Noon-3pm	\$5	Gold Room	Yvette	(321)258-6534
SUNDAY					
Intermed/Adv'd. Line Dance Class	2PM-4PM	\$5/\$6	Gold Room	Pat	(321)720-8979

**MEMBERS REMINDER — THOSE WHO HAVEN'T PAID 2023 DUES
WILL BE ASKED TO DONATE AN EXTRA DOLLAR
FOR EACH ACTIVITY ATTENDED.**



Bunco
2nd Monday of the month at 9:30am



Why not join them for a fun afternoon!
For more information call Carol at 321-268-8087

Why not join Marsha Tap & Jazz Class?
This is a intermediate class.



Tuesdays @ 11am Room B
Call Marsha @ 309- 236-7786 for information



Check the last page for all the new day trips being offered!


Lifestyle Care Program
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RENTALS

**Birthday Party - Anniversary Party
Rehearsal Dinner - Wedding - Baby Shower
Celebration of Life**

**North Brevard Senior Center has space available at
very reasonable rates.
Starting at \$50.00 for 2 hours
Call: 321-268-2333**

SAMPLE—DECORATED AREA



FULLY EQUIPPED KITCHEN





Thursdays @ 10AM
(Doors open @ 9 AM)

*** Smoke Free Environment ***
*No one under the age of 18

Bring in a canned or boxed food item for donation on 1st Thursday to No One Hungry Senior Pantry and get a free Speedy game paper!

Only \$10 to play 16 regular games
(9 cards per sheet).
Additional strips of 3 cards \$3/strip.

Specials only \$1 per sheet
6 cards per sheet
Special paper games payouts.

ATTENTION FIRST TIME PLAYERS!

Bring this ad & **only pay \$2** for a card pack (reg. \$10)!

Free hot coffee.
BRING YOUR OWN
SNACKS & LUNCH.



EXEC. COMMITTEE

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Anita James

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Paulette Amaral

2nd VICE PRES.

Rachel Kusterer

TREASURER

Cathie McMullin

SECRETARY

Jeany Heaney

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Diane Sweeney

Sandy Witt

EMERITUS MEMBERS

Terry Eisenberg

Doris McDowell

Ops Manager

Linda Trawle

Assistant Ops Manager

Paulette Amaral



Join Robin!

Monday & Thursday
6pm-7pm

Core & More follows

Zumba on Thursday Nights 7:15 pm-8pm.



Blast

follows

Robin's

Zumba class

Mondays at 7:15pm

Line Dancing

Intermediates and
Advance

Why not join Pat on

Sunday afternoons

2:00pm-4:00 pm

For more information

Call Pat at 321-720-8979

Strength & Stretch

Mondays

Provides support for posture, body core work & foot strength. Socks, ballet or jazz shoes.

Bring a mat for the stretch portion of the class.

Mondays @ 9 am Room B

Beginning Ballet/Lyrical!

Wednesdays

9:00am- Room B

Always wanted to be a ballerina? It's never too late? Join this class to explore your love of classical dance.

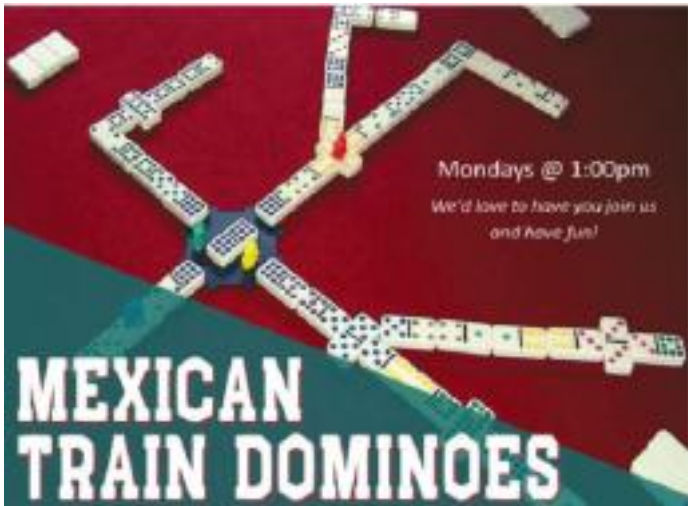
Beginning Jazz /Contemporary

Thursdays

9:00 am - Room B

Enjoy jazz & contemporary movement styles drawing from Broadway & modern dance.

Contact Susan for information on all above classes at 540-220-4831 or susanlandess@gmail.com



Mondays @ 1:00pm
We'd love to have you join us and have fun!


MEXICAN TRAIN DOMINOES

MUSCLE MEMORY

Join Natine
Tuesdays and Fridays
10:00am-11:00am
Improve your
Muscle Memory, Strength and Balance




Beginner Tap Dance
Tuesday at 9am
Room B



For more information call Susan 540-220-4831

Why not join Connie's Card Making?
No class in January.
For more information call
Connie at 410-598-3755



Zumba Gold- Toning

Thursdays 11am - 12 pm

Blends the Zumba party you love at a slower pace with redefining total body workout using Zumba Toning Sticks to shake up those muscles.

Room B
This class is a total chair class!



Join us Wednesdays
11:30 - 3:30pm

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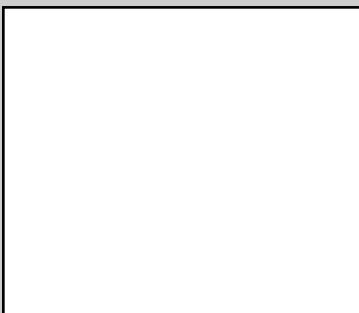
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MAHJONGG
TUESDAYS @ 12:30 pm
\$2 members
/ \$3 guests

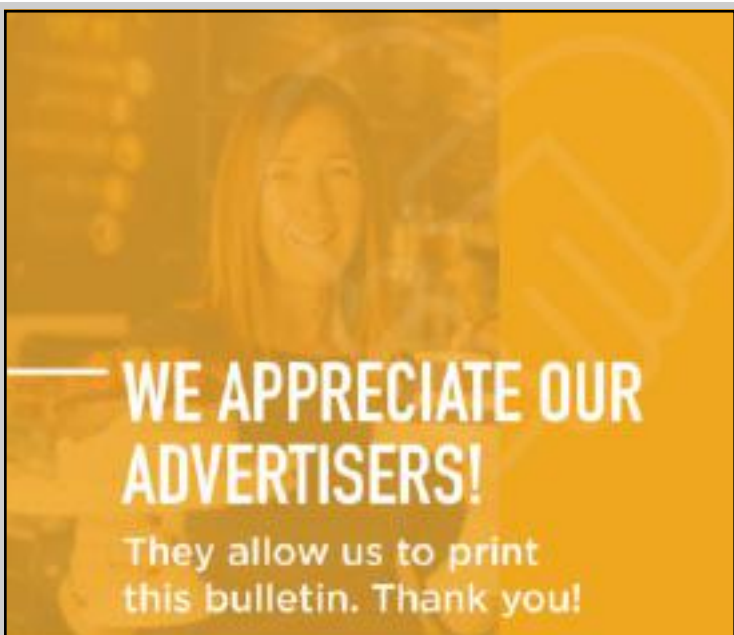
Call Andi at 321-385-3595
If you have any questions!



Zumba Gold
9:15 am
Wednesdays

Perfect for active older adults who are looking for a modified Zumba class that recreates the original moves you love at a lower-intensity.

Benefits: Class focuses on all elements of fit cardio, muscular conditioning, flexibility and balance.





Newsletter Booster 2025

Patricia Carter
 Catherine McMullin
 Denise McMullin
 Fran North

Tina Ringfield
 Suzanne Rostek
 Linda Siano
 Beverly Thomas

SPACE COAST LINE DANCERS

WEDNESDAYS 4:30 - 6:30 PM
 BEGINNER/IMPROVER/
 INTERMEDIATE
 For information call
 Cathy 814-571-2834



**Tuesdays at 1:00
 pm
 Room B**
 No class January 7th
 or 14th



Fridays at 1pm

Please park in the back and enter by
 back door.
 Meets in the Library

Members all we are asking for is one day a month a total of 4 hours to help out at the front desk out of 128 hours a month that the center is open.

Duties: Answer the phone, greet people, give new members information about the center activities. Great way to get to know other members of the center!



Join Cindy



**Mondays
 11:30am-12:30 pm**

Line Dance Class



Join Yvette!

Listed are all her classes
For more information
Call her at
321-258-6534

Line Dance Beginning to Intermediates
Monday 9:00am-12:30pm

Beginning Line Dance Class
Wednesday at 11:00 am -12:00pm

Improvers or Intermediates.
Friday 12 pm to 2 pm

LINE DANCE SOCIAL

Remember When

*Friday, January 31st
Noon- to 3:00 pm
Only \$5.00 person*



Come dance to all genres of music great for everyone, beginner to advanced!

Call Yvette at 321-258-6534 for more information

Hurricane Rug Hooking

2nd and 4th Wednesday of each month
10am to 2pm
Meets in the
North Brevard Senior Center
Library



GOLDEN HEARTS



Join Robin for her
Senior Fitness Class
Get your heart pumping all while having FUN!
Monday at 1pm-2pm
Wednesday at 11am-noon
Members \$5.00
Non-Members \$6.00

Did you know we have over 15 different exercise programs to pick from? Why not check them out for 2025!



Why not stop in and try our one of our many classes we offer at the center!



*Follow us on Facebook for our upcoming events
North Brevard Senior Center*



Gary has stepped up to help with your computer or phone questions. Well knowledgeable on PC and I phones. Private Class by appointment only at the North Brevard Senior Center

\$2.00 members \$3.00 non members

Call Gary 407-399-0327

Members \$2.00

Non Members \$3.00



Tuesday evenings 6pm-7pm Zumba Toning combines body-sculpting exercises and high energy cardio work infused with Zumba moves to create a calorie torching strength training fitness party.



HAND & FOOT

MONDAYS

12:30 PM till 3:30 PM

\$2 members / \$3 guests

Don't know how to play this card game?

We'll teach you.

POKER

MONDAY MORNING 10AM-2PM

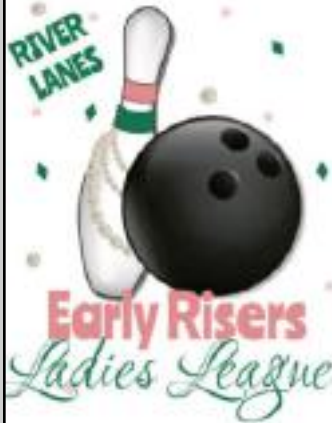
Dealer's Choice

\$2 member / \$3 non-member

CHIPS— Bag of 40 only \$4



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TRIPS AND TOURS

ALL TRIPS OPEN TO THE PUBLIC

MORE INFO? Call 321-631-8080
(ALL ABOUT YOU TRAVEL)

DAY BUS TRIP

A Beautiful Noise, The Neil Diamond Musical February 6, 2025 \$235.00 per person

Join us for an afternoon at Dr. Phillips Center to see the story of Neil Diamond come to life on stage. Lunch included. Need 35 minimum, final by October 1st

Florida Strawberry Festival February 27, 2025 \$137.00 per person

Enjoy a fun day at Plant City, Includes Festival Admission and Reserved Concert Seats, Strawberry Shortcake, Round Trip motor coach transportation, bus driver taxes and gratuities. Performing will be Jimmy Sturr & His Orchestra and Tommy James & The Shondells. Min of 35 people required to guarantee trip

MJ The Musical March 11, 2025 \$195.00 per person

He is one of the greatest entertainers of all time. Now Michael Jackson's unique and unparalleled artistry comes to Orlando as MJ the multi Tony Award winning new musical centered around the making of the 1992 Dangerous World Tour, begins a tour of its own. Minimum of 20 to guarantee trip. Deadline to sign up December 10th, 2025.

CRUISES

**Scottish Highlands & Island May 10th-May 23rd 2025 \$4869 per person
(Double Occupancy) \$6239 Single**

Join Jean as we head to Scotland for 14 days of travel.
See flyer by the travel section at the North Brevard Senior Center.

Looking for a Worthy Charitable Organization ?

North Brevard Senior Center is a 501 (c)3 charitable organization and as such is eligible to receive charitable donations.

If you find you have extra funds in your charitable donations bucket anytime during the year, please consider donating to North Brevard Senior Center. All donations helps us offer activities for our seniors in the area 5 days a week.

