

Social-Emotional Developmental Milestones in Infants & Toddlers

2 Months

Calms down when spoken to or picked up
Looks at your face
Smiles at people when they talk or smile
Cries when hungry wet, tired, or wants to be held

4 Months

Smiles on own to get attention
Begins making early noise sounds of laughter when prompted to laugh
Looks at you, moves, or makes sound to get or keep your attention
Smiles or coos at self in the mirror

6 Months

Knows familiar people
Enjoys looking at self in a mirror
Laughs
Plays by grabbing foot when laying on back

9 Months

Is shy, clingy, or fearful of strangers
Shows several facial expressions like happy, sad, angry, surprised
Looks when you call their name
Reacts when you leave (looks, reaches for you, or cries)
Smiles or laughs when you play peek-a-boo

12 Months

Plays games such as "pat-a-cake" and "peek-a-boo"
Lifts foot for shoe or sock when you dress them
Rolls ball back for you to return to them when playing
Shows preference for certain people and things

15 Months

Copies other children while playing
Shows you an object they like
Claps when excited
Hugs items like dolls and stuffed toys
Shows you affection (hugs, cuddles, kisses)

18 Months

Explores alone but with parent close by
Points to show something of interest
Puts hands out for you to wash them
Looks at a few pages in a book with you
Helps you dress them by pushing arm through sleeve or lifting a foot

24 Months

Notifies when others are hurt or upset
Looks at your face to see how you react in new situations
Shows defiant behavior (doing what told not to do)
Imitates others, especially adults and other children
Shows more and more independence

30 Months

Plays next to other children and sometimes with them
Shows you what they can do by saying, "Look at me!"
Follows simple routines independently when told
Dresses self in loose clothing

36 Months

Calms down within 10 minutes after you leave
Notifies other children and joins them in play
May get upset with major changes in routine
Shows affection for friends without prompting



AUTISM WORKSHOPS



**Presented by Dietrich Browne
Resource Teacher for the ASD Program
at Brevard Public Schools**

Wednesday, March 13

Social Narratives

How to address misunderstandings on both sides of the social equation. These stories create a safe way to discuss important missing information. "Always or Never" can be joined by "Often, Sometimes, and Rarely" to help describe social situations.

Wednesday, April 10

5 Point Scales

A systematic and rational way to describe nebulous gray areas of the social world. Calm or Overwhelmed only? How about 1. Calm, 2. Concerned, 3. Worried, 4. Upset or 5. Overwhelmed? 5 Point Scales can add clarity for understanding.

9:am - 10:30am

**Suntree Business Center, Bldg. A Conference Room
3270 Suntree Blvd., Melbourne, FL 32940**

Open to Parents, caregivers and professionals

PLEASE REGISTER ON EVENTBRITE - SPACES ARE LIMITED

<https://www.eventbrite.com/o/space-coast-early-steps-30612270318>





Share Your Story

Why Share Your Story? Our stories connect us as human beings. Each of you has a story to tell. Some parts of your story are uniquely yours while other parts are common to most of us. For example:

- ❑ How did you feel when you first suspected that your child had a disability or delay?
- ❑ When and how did you find out about your child's disability or delay?
- ❑ How did your family become involved in Early Steps?
- ❑ How do you feel now concerning your child's disability or delay?
- ❑ How overwhelmed do you feel with all the new terminology and programs you must learn about?

Sharing your story may be easy or it may be difficult. Just remember that you can share as much or as little as you like with others. Sharing your story can be a healing exercise that helps as you face your life experiences.

An excerpt adapted from "New Star" A Family's Guide to Navigating Early Steps

If you would be interested in sharing your story to help other families, please reach out to Mary Cancel at Mary.Cancel@spacecoastes.org or text/call 321-292-1370



**Brevard Autism Coalition Presents
The 12th Annual 5K Run/Walk for Autism Awareness**

Saturday, February 24th, 2024

Schechter Community Center, 1089 S Patrick Dr, Satellite Beach, FL 32937

Virtual 5k available

<https://runsignup.com/Race/FL/IndianHarbourBeach/5thAnnual5KRunWalkforAutismAwareness>



<https://fun4spacecoastkids.com/>

Check out this site for lots of events,
groups, activities, clubs and more!



EARLY STEPS PLAY GROUPS

**Families with developmental delays and disabilities, ages 0 - 3
are welcome to join us for therapy related play activities
JANUARY THROUGH MAY 2024**

Palm Bay Play Group - Every 3rd Friday of each month

9:30am - 10:30am

Palm Bay Library, 1520 Port Malabar Blvd. NE, Palm Bay, FL 32905

Melbourne Play Group - Every 1st Tuesday of each month

9am - 10am

Eau Gallie Public Library, 1521 Pineapple Avenue Melbourne, FL 32935

(NO PLAYGROUP IN JANUARY DUE TO HOLIDAY)

Cocoa Play Group - Every 1st Monday of each month

10am - 11am

Catherine Schweinsberg Rood Central Library, 308 Forrest Ave, Cocoa, FL, 32922

(NO PLAYGROUP IN JANUARY DUE TO HOLIDAY)

Titusville Play Group - Every 2nd Friday of each month

9am - 10am

The Children's Center, 5650 S. Washington Ave., Titusville, FL 32780



Space Coast Early Steps C.A.T.C.H. of Brevard

Community Access to Child Health of Brevard, Inc.
Early Intervention Services for young children with
special developmental needs

For more information or referral contact:

1264 Rockledge Blvd., Suite 104
Rockledge, Florida 32955
Ph: (321) 634-3688 Fax: (321) 504-0955

Funding provided by IDEA and Florida Dept. of Health

VISIT OUR NEW WEBSITE:

<https://www.spacecoastes.org/>



**OUR OFFICES WILL BE CLOSED ON MONDAY, JANUARY
15TH IN OBSERVANCE OF MARTIN LUTHER KING DAY**



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