

# The Beacon

Shedding Light on the News & Events of North/Central Brevard County, Florida

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NASA/Tony Gray, Tom Farrar

## Discovery's mission completes space station's truss

STS-119 lifted off March 15 into the picture-perfect twilight sky on its way to the International Space Station to deliver the fourth and final set of solar array wings, completing the station's truss.

The arrays will provide the electricity to fully power science experiments and support the station's expanded crew of six in May.

The 14-day mission features four spacewalks to help install the truss segment to the right side of the station and the deployment of its solar arrays. The flight also will replace a failed unit for a system that converts urine to potable water.

Shuttle Discovery's mission is also to deliver the first Japan Aerospace Exploration Agency's resident station

crew member and bring back an astronaut after more than three months aboard the orbiting laboratory.

The crew is Lee Archambault, commander and Air Force colonel; Pilot Tony Antonelli, a Navy commander; former Brevard and Marion County middle and high school science teacher Joseph Acaba, a mission specialist; Mission Specialists Steve Swanson, Richard Arnold, John Phillips, Koichi Wakata and Sandra Magnus.

Arnold, Phillips, Wakata, Swanson and Acaba will perform various spacewalks during the mission to position the truss segment, prepare battery removal, install a GPS antenna and relocate and lubricate parts. Each spacewalk will last approximately six and a half hours.

The astronauts, following tradition, took an interesting array of souvenirs into orbit with them. First-time flier Antonelli is carrying a green Andretti Racing flag, the team of IndyCar racer Danica Patrick. Antonelli will be the official starter for the IndyCar race.

Former teachers Acaba and Arnold, carried mementos such as small flags from the schools they taught.

A purple stuffed duck is Wakata's memento. It represents the Japanese city of Saitama, his hometown.

See SHUTTLE, Page 2

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**SHUTTLE, from Page 1** —

Although Wakata will stay with the ISS crew, the duck will return with Discovery, along with a few other stuffed toys on the mission.

Among the assortment of flags being flown is a National Guard design from Dale Earnhardt Jr.'s racing team. The shuttle is also carrying an extra spacesuit, a child-size version, for the Maryland science center in Baltimore.

For the astronaut's sweet tooth, an Indian company has provided dark chocolate bars to be eaten for dessert during one of the meals with the shuttle and ISS crews. The Indian company gives part of its profits to conservation groups protecting endangered species.

This is the 28th mission to the ISS and the 125th space shuttle flight.



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# Youth heads back to Broadway

By Susan Walden

You get to Carnegie Hall by practicing; you land on Broadway by re-auditioning.

Titusville's multi-talented Arcadian Broad is heading back to New York to try out for several Broadway musicals in April.

The 13-year-old was in the lineup for the Broadway musical, "Billy Elliot, the Musical" and after many auditions came up on a short list of eight but missed the casting call by a hair.

That didn't deter him from trying again, says his mother Kathy Broad. If you almost made it to Broadway at just 11 years old, it's only a matter of time until your name is in lights.

Broad, who plays the piano, acts, sings and dances, will head to New York in mid-April to perform in the annual Youth America Grand Prix, an international ballet competition. While there, he'll audition for Broadway plays his agent sets him up for.

"He's real excited," said his mother. "He got a taste of Broadway and wants more."

The teen has been playing music since he was a toddler and began taking piano lessons at a mere 4 years old.

He's won many competitions including the Space Coast Pops Young Performing Artist Competition at 9 years old by playing a three-movement piece from Mozart's Sonata



Courtesy photo

**Arcadian Broad, 13, sings, dances and plays piano. For the second time, he'll try out for Broadway to land a role in a musical. He came close to starring in 'Billy Elliot' last year. While in New York, he'll compete in the Youth America Grand Prix, a ballet competition.**

in C Major.

His dancing includes tap, jazz, ballet and contemporary.

"In order for Arcadian to continue on his quest for Broadway, we're raising money to pay for his travel expenses," she said.

The Broads will have a garage sale March 28 at 5368 Hallanshire Blvd. in Titusville in the Sterling Forest subdivision. Arcadian will also perform a benefit concert at United Methodist Church but the date hasn't been set yet.

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# Auction offers rare items, astronaut encounters

How about an art lesson from astronaut Alan Bean or a SCUBA dive in the Keys with Apollo 15's Al Worden?

These are just some of the items to bid on at the Astronaut Scholarship Foundation's Semi-Annual Auction of Astronaut Experiences and Memorabilia to benefit the foundation's annual scholarship program.

The auction catalog and registration is now open online and bidding is April 9-18. Bidders can go to [www.astronautscholarship.org/auction.pl](http://www.astronautscholarship.org/auction.pl) and find items that also include:

- ✓ dinner with Gemini and Apollo Thomas Stafford in Cape Canaveral.
- ✓ attend one of only nine remaining space shuttle launches with shuttle astronaut Fred Gregory.
- ✓ rare Apollo Cachet autographed by the entire crew – Neil Armstrong, Buzz

Aldrin and Mike Collins.

✓ Apollo 16 Lunar Dusted Equipment Netting used by Charlie Duke on the moon.

✓ astronaut silverware used in space on the nation's first space station – Skylab.

✓ a space shuttle flown brake and more.

The foundation provides scholarships to college students who exhibit motivation, imagination and exceptional performance in the science or engineering field of their major.

ASF funds 19 \$10,000 scholarships annually and has awarded more than \$2.6 million to students nationwide.

For more information, log on to [www.AstronautScholarship.org](http://www.AstronautScholarship.org) or call 321-455-7012.

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## Opinions

# MRI? Next time I'll just take the shot

### My View

By  
Susan  
Walden



I survived the pit of death.

Well, that's what I call it.

The other day I had to have an MRI. Yea, I knew it was shaped like a jelly donut and I was going to lie there in the hole. No problem until I entered the room and realized I was going to be in a tube like a cigar in its case.

I'm rather claustrophobic, so I wasn't sure if I'd claw the technician's eyes out before he got out the door. But, I put on a brave face and said to him in a tiny voice, "I can do this. Easy. No problem."

I laid there and he told me I'd have to be still for 20 minutes. That's not real easy to do, I thought. What if I have an itch? What if I sneeze since I've been doing that lately. Gee, I always sneeze when pepper's around. What if the guy is eating something and breaks out the pepper. What if I fall asleep and turn

over? No, I thought. I'm getting nuts already and we haven't even started yet.

He put headphones on me, which I thought was a good idea but here's the problem with that. First, you can't hear it when the machine bangs like a possessed robot. Secondly, the music he had on made me want to dance around. I'm a musician so I've got to move some part of me when I hear most music.

This brought me to my next thought. Maybe this is also a test to see what my threshold for going nuts is. Like a piece of corn, when does it pop?

Before the test began, I hit the panic button to call the technician. "Yes?" he said. I'm sure he was rolling his eyes. Another nutcase and so early too. "My head's not going in this is it? Because if it is I'm outta here," I said, trying to act calm. "Nope. Right at your shoulders is where you'll stay."

The test began. I looked up at the machine and it was beginning to make noise and it was counting down. "Great, I'm I going into orbit?" I thought. OK, stay calm. I did always want to be an astronaut but not in a dressing gown with my backside exposed.

The bangs were horrific. Sometimes they echoed with another bang. I tried to meditate but my charkas were in knots. I tried every calming technique I could think of. It was mind over matter because I was on the edge of a claustrophobic

nightmare. Then after the banging episodes I could hear the music piping into my headphones – crazy music that just made the event more nuts.

It was the longest 20 minutes of my life.

When they make indoor rides one of the stimulants to scare people is loud noises. Check off that box for MRI's. The only thing they missed was the lights going on and off, laser lights and weird smells. Although I'm sure there have been weird smells in there from the fear. Clean up on MRI aisle one.

I'm convinced that Dr. Frankenstein or some twisted crazo invented these machines. There are MRI machines that have reduced banging noises and give patients headsets called Cinemavision so people can hear and see videos, even cartoons for kids. This way it takes their minds off of being in the pit of death. They should all be like that. Instead, the answer to most is doping up the patients with valium. I don't think that even works for some people.

It all made sense to me now why my doctor seemed a little nervous to tell me I had to have an MRI. He opted for a shot instead. I don't like needles so I thought a cool X-Ray thing would be a lot better than some shot into my knee.

Next time I'll take the shot.

Here are some techniques the next time you have to go into the pit of death:

✓ Translate the bang-bang, bang-bang into the mantra "Almost done, almost done."

✓ Concentrate on the funny things you'd like to do to the guy who put you into this thing.

✓ Tell yourself you are a warrior because the last person went absolutely monkey-crazy in it but you will walk out of there with dignity (just remember to keep your gown closed in the back while you walk like royalty down the hall and get the heck out of there.)

✓ Keep telling yourself you're not in a garbage can and those bangs are not the garbage truck guys coming to empty you.

✓ Close your eyes. Keep them closed and visualize world peace, angels and cute puppies – not destruction, how you're going to get your doctor back and fire-breathing dragons incinerating everyone around you.

✓ Think of how to make an MRI that's more soothing. Then visualize lying not in the tube but in money. Can't you feel yourself rolling in it? Don't roll though – you're supposed to be still.

Remember, speaking seriously - no one has ever been killed in an MRI, but if you don't have an MRI, you might not live, depending on why you have to have one, so do what your doctor says. When he tells you that you have to go in the pit of death, say, "OK, but you first."

## Letters to the Editor

### On cutting school board budget commentary

What is different about America today that wasn't true in 1970?

The school board members of my high school in Iowa served on the elected position of school board member for FREE. No charge to the community. They served on the board for the good of the community, for the good of the kids. Ask (Robert) Jordon to serve for free today, and you will be asked to leave his office. He wouldn't even think of it. Not but two years ago, when Jordan was questioned about his school board pay, he made a statement something like, "What I contribute to this board is far more valuable than the money I am paid."

Susan, I would be happy to serve for four years on

the school board for free and I think I am more qualified to serve than Jordan.

But then we all think we're special.

I wish that you would head up a petition drive to change the laws on board compensation. I wish we had a system where I could run for the board and bid for the job.

My advertisement would be, "You get this qualification and I agree to work for you the voter, for \$5,000 per year. Then the public could match the pay to the qualifications and vote for the candidate that offered the most for the least.

What would be wrong with this plan?

I sure did appreciate your article in the March 5 edi-

tion concerning this issue.

Roger Molitor  
Titusville

Kudos to Susan Walden for saying it like it is in her March 5 commentary. Asking teachers to think about cutting their salaries when the superintendent makes over \$200,000 is terrible.

On the subject of school board pay - it is true that they work hard but we would all like to see their salary cut even more than they just did. I'd do their job for free if I had the chance. I already represent my daughter in school every day as a mother.

Jill Dunnington  
Mims

# Official warns unemployed to be wary of scams

TALLAHASSEE – The attorney general warns Floridians to be wary of companies offering to file unemployment compensation claims for a fee.

Recent reports from other states indicate consumers have signed up for such services, only to later discover unemployment claims were never filed on their behalf. Of equal concern is that consumers have also provided their social security numbers, thinking they were dealing with state agencies.

“It really is unthinkable that a con artist would try to victimize someone try-

ing to receive assistance in a time of need,” said Attorney General Bill McCollum. “I encourage Floridians to remain vigilant to prevent falling for this scam.”

“We are dedicated to helping Floridians receive the unemployment benefits to which they are entitled,” said AWI Interim Director Lorenzo. “The Agency for Workforce Innovation offers free, convenient and secure online filing at our website, <http://www.floridajobs.org>.”

Some states have reported complaints from consumers who have conducted

Internet searches for “unemployment claims” or similar terms which provided results including private companies. Consumers are then directed to provide their social security numbers and receive e-mails from the companies saying their claim is being processed.

Complaints from other states also indicated that consumers were told that for a fee, they could receive help on their resumes, and while terms and conditions are posted on the Web sites, they aren’t always readily apparent to consumers.

Attorney General McCollum and the

Agency for Workforce Innovation encouraged consumers to be wary of providing personal information such as social security numbers to unknown entities. Floridians are also reminded that there is no charge for filing unemployment claims.

Consumers who believe they might have been victimized by potentially deceptive or unfair practices should contact the Attorney General’s Office by calling 1-866-966-7226 or by visiting the attorney general’s Web site at <http://www.myfloridalegal.com>.

## Credit repair schemes run rampant during hard economic times

TALLAHASSEE – Attorney General Bill McCollum issued a consumer advisory warning Floridians about credit repair and debt relief scams, one of the most common categories of complaints reported to the Attorney General’s Office last year. The number of complaints about these types of services exceeded 5,300 in 2008, and the Attorney General speculated that disreputable companies and individuals will continue to try capitalizing on the current economic climate and consumers’ credit and debt worries.

“As Floridians turn to debt relief organizations for help, an increasing number of these companies are taking advantage of the nationwide financial situation and defrauding consumers,” said Attorney General McCollum. “The Attorney General’s Office will continue aggressively pursuing companies and individuals who are preying on our consumers in their times of desperation.”

Credit repair schemes are just one type of the broader class of debt relief schemes which prey on consumers in financial distress. Claims to improve credit or eliminate bad credit are sometimes part of other operations claiming to negotiate or eliminate debt. Consumers need to be cautious of firms offering debt relief, including debt management, credit counseling, and credit card rate reduction services. Often, the company’s goal is to get the consumer’s money, with no real benefit provided to the consumer in return. Consumers should be aware that credit repair companies are not permitted to charge up-front fees.

Some credit or debt repair schemes offer to “hide” bad credit by helping consumers establish a new credit identity. The company may direct the consumer to apply for an Employer Identification Number from the Internal Revenue Service, and to use the EIN in place of his or her Social Security number when applying for credit. This practice, known as file segregation, is a federal crime.

To avoid these and other credit repair scams, Attorney General McCollum offered the following tips for consumers who may be considering credit repair services:

- ✓ Contact creditors if scheduled payments will be missed and ask local credit counseling services to develop payment plans. These nonprofit groups offer credit guidance to consumers and their services are available at little or no cost. Your employer, credit union, or housing authority may also offer other no-cost credit counseling programs.

- ✓ Request a copy of your credit report and review it for mistakes. You are entitled to a free copy of your credit report if you’ve been denied credit, insurance or employment and request the report within 60 days of notice, or if you can prove that (1) you’re unemployed and plan to look for a job within 60 days, (2) you’re on welfare, or (3) your report is inaccurate because of fraud. Otherwise, the credit bureaus may charge you a small fee for a copy of your credit report.

- ✓ If there are mistakes on your credit report, contact the credit bureau and request a dispute form. Submit the

form with as much information as possible about the inaccurate information. The bureau must reinvestigate the matter and delete or correct any information which they are unable to verify. If the dispute still exists, consumers can file a written explanation which must be included in the credit report.

- ✓ Contact the Attorney General’s Office at 1-866-966-7226 or online at <http://www.myfloridalegal.com> to determine if there are complaints or legal actions pending against the company you are considering.

The Attorney General reminded consumers that they are entitled to one free credit report every 12 months, available at <https://www.annualcreditreport.com/cra/index.jsp>, and should beware of companies that offer quick solutions for clearing bad credit. Credit repair companies claiming they can remove negative information from a credit report are not being honest. Accurate information within seven years of the reporting period, or 10 years if the information relates to a bankruptcy, cannot be erased from a credit report. The only information that can be changed are items that are actually wrong or are after the reporting date.

Consumers should exercise caution when selecting a debt relief program. Many debt relief services do provide legitimate services and can help consumers reduce the negative effects of debt. More information is available online at: <http://myfloridalegal.com/pages.nsf/Main/8C5B6B26667BE41485256EC2004D3252!Open>

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### FOLLOW ORDERS WHEN COMING BACK FROM INJURY

If you're an athlete, or just accustomed to an active lifestyle, recuperating from a foot or ankle injury can be frustrating. But the quickest way back to your regular routine is to follow the orders of your podiatric doctor. Returning too soon may only cause further injury—and frustration. Talk with your podiatrist about other ways to work out while your injury heals properly.

Low-impact options like a stationary bicycle or a swimming pool might be suitable for keeping up cardiovascular fitness. Strength exercises and stretching can maintain muscle tone and

flexibility. Anti-inflammatory medications like ibuprofen and a regimen of icing can also help with rehabilitation.

When the doctor says it's okay to go back to your activity—whether it's running, basketball or some other sport—check with him on the right shoes to wear and whether he recommends additional support, like a brace or an orthotic insert. Whatever the activity, take it easy when you return. Cut back on both the intensity and the duration of your workout. Your podiatrist is the best source of information on how you should ease back in.

[www.BrevardPodiatryGroup.com](http://www.BrevardPodiatryGroup.com)  
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## Got a will? Workshop can help

The Jess Parrish Medical Foundation host an informative workshop called "When There's a Will, There's a Way" on March 27 from 8:30-9:30 a.m. at the Parrish Medical Center Conference Center.

Everyone can benefit from estate planning and should have a will, no matter the size of their estate or assets. JPMF Planned Gifts committee members will discuss what constitutes a will, what not having a will means to your family, information you need to make a will, tax considerations, and charitable opportunities. Registration is free and a continental breakfast will be provided starting at 8 a.m.

Carefully constructing your estate plan lets you know your property will be distributed in an orderly manner to whom and in what amounts you wish. It also enables you to take advantage of several tax-reducing techniques that can increase your family's security while making it possible to fulfill your personal objectives. Yet

many people are intimidated by the thought of making a will and postpone having one made for years.

Current statistics show that more than 60 percent of Americans will die without a basic will in place. If you do not have a will, your will is outdated, you need a will and do not know where to start or if you are interested in leaving a legacy in your community, this workshop is for you. "When There's a Will, There's a Way" is sponsored by the Jess Parrish Medical Foundation Planned Gifts Committee, which includes Chairman Chris Broome – The Broome Law Firm, Anita Calabro – Regions Morgan Keegan Trust, Randy Coleman – Merrill Lynch, Kerry Kennedy – Ameriprise Financial, Jessie Kirk – Kirk Reality, Jason Miller – Wachovia Bank, Susan Morse – Morgan Stanley-Suntree, and Turmy Sieveking – JPMF board member.

For more information or to register call 269-4066. Seating is limited; registration is requested.

## Brevard Public Schools earns budget award

Brevard Public Schools has been awarded The Meritorious Budget Award for excellence by the Association of School Business Officials International. This is the first time the district has received this award. Less than one percent of all school districts in the nation earn this distinguished award.

"This award represents a significant achievement and validates the rigorous nature of our financial processes," said Superintendent Dr. Richard A. DiPatri. "It reflects the commitment of the School Board and district staff to meeting the highest standards of school budgeting."

The award honors districts for their high-quality preparation and issuance of a school system's annual budget. It is only conferred to school systems that have met or exceeded the Meritorious Budget Award Program

criteria. No other organization or award program is specifically designed to enhance school budgeting and honor school systems for a job well done.

This award for outstanding budget reporting is comparable to the award for Excellence in Financial Reporting for the Comprehensive Annual Financial Report, which the district has received from ASBO for eight consecutive years.

"I am extremely delighted that we won this award and to do so as a first time applicant makes it that much more meaningful," said Judy Preston, Associate Superintendent for Financial Services. "This is an independent assessment of how effective the presentation of our budget really is."



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# Kids get creative at art camps

*By Dee Dee Remini*

Not sure what to do to keep your children active during spring and summer break?

Max Trainer Studio in Titusville offers Kids Spring and Summer Art Camps to get their creative juice flowing and their hands good and dirty.

The spring camp is April 6-10 during Spring Break and is for ages 5-13. Children will explore various art media including watercolor, charcoal, pastels, acrylics and clay. From finger-painting to three-dimensional pieces, most of the projects are done with recycling material, which teaches the students respect for the environment, says Trainer, who has a master's degree in fine arts from Liverpool Academy of Arts in England.

"The children also learn to be creative, to work together and finish what they started," she said.

Trainer offered the camp last summer and said it was successful, from understanding her British accent to learning more about art than they'd ever had. "The kids loved it, they learned a great deal and so did I. When you watch them work your mind wanders and you can pick out which one will be an engineer, a builder and so on," said Trainer, who also provides adult

art classes as well, such as creative art courses and her popular stained glass class on Saturdays.

The summer camp includes seven weekly sessions and begins June 8. Because this camp is longer, children will exhibit their work, have an art auction and party at the end of the summer.

Spring and summer camps are divided by ages. The 5- to 8-year-olds' session is 8:30-11 a.m. while kids 9-13 meet from 1-3:30 p.m. The cost of the camps is \$135 per week. Register at the studio located at 101 Broad St., Titusville by filling out a registration form and medical profile.

Trainer wants every child to be able to go to the camp so she's asking people or businesses to come forward and sponsor a child. The art patron will receive an original piece of artwork from the student he sponsors and a certificate acknowledging the generosity.

Trainer sees art as food for the soul. "I provide them with food they eat and believe me, their appetite is pretty strong."

To find out more about the camps, sponsoring a child or signing up for an adult art class, call her at 652-6363, e-mail her at maxtrainer2000@yahoo.co.uk or drop by her studio.



*Leave it to beaver,  
I mean, the babysitter*

Dear Christian Allen,

*I am a mother of three children all under the age of 10. Should I bring them to the salon with me when getting my hair done? I wondered what was appropriate. Can you give me advice on this matter.*

*Signed Mrs. Soccer Mom*

If you don't look good, you won't feel good and so on. In short leave them with trusted guidance and spend this time on yourself. You deserve it. Your stylist and family will appreciate it. Your children also deserve to have a great hair experience individually.

Some day they will look forward to their self improvement time like mom. It's not a very safe environment for younger children to be left to roam and touch hot curling irons or sharp scissors.

Do yourself, your kids and your stylist a favor - only one at a time please.

*Got a beauty question? Ask Christian Allen! Write him at christian-allens@aol.com.*

Dear Mother May I,

I must answer your question with a question. Do you not believe that you deserve this time alone to focus and relax and improve your self image?

It is your time with your stylist to make important decisions about your appearance. Keep in mind your appearance "MOM" is just as important to your kids and partners as it is to you.

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**Hello. My name is Matty. My birthday is 8/18/05. I am a female, domestic short hair grey tabby. I was brought to the SPCA by my previous owner because I was abandoned at a house and they found me but couldn't keep me. I am a little shy and the SPCA is helping me open up to people by holding me and loving on me so I get used to people. I am very laid back but hopefully if I get adopted to a good home and feel comfortable I will open up. Take a trip down to the SPCA and visit me and give me a forever home.**

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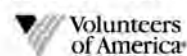


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### Genealogical Society meets

John Whitney, director of the Family History Center in Rockledge, will speak April 7 at the meeting of the Genealogical Society of North Brevard. His topic will be "Whats New and Changing at the FHC".

The meeting will be held at 7 p.m. in the Hannemann Room of the Titusville Public Library, 2121 South Hopkins Ave.

The public is welcome. For more information, call 321-383-8486.

### School board votes on new year

Students will start the next school year Aug. 10. This year's calendar is designed so that students may take semester exams prior to Dec. 21, when winter vacation begins. Students report back to school Jan. 5. Spring Vacation begins March 29 and ends April 2. The last day for students is May 21. For additional calendar information, visit the BPS Web site at [www.brevardschools.org](http://www.brevardschools.org).

### Give blood

Florida's Blood Centers are in need of blood, especially O and A blood types. Donors are asked to give at any locations as soon as possible. Donors at center locations receive a \$10 restaurant card as a thank you gift.

The public is encouraged to call 1-888-9DONATE for center locations to make a donation. Check out eligibility requirements at [www.floridasbloodcenters.org](http://www.floridasbloodcenters.org).

### Get your hams here

Once again The Pilot Club of Titusville is bringing North Brevard residents honey-baked hams, turkeys, side dishes and desserts. Pilot members are currently taking orders for honey-baked ham products or gift certificates. Easter delivery, orders must be received by - April 3. The ham truck will be at Searstown April 8, 4-6 p.m. for customers to pick -

up their orders. Proceeds from this fund-raising project benefit many charities in North Brevard. For information please contact Lynn Foraker 321-385-1251.

### Come to fund-raiser

Brevard County Parks and Recreation and Brevard County Special Olympics will host the Karin Rood Memorial Stroll-N-Roll, a Special Olympics fund-raiser honoring the original event organizer, on Sunday, March 29 at Kiwanis Island Park, 951 Kiwanis Island Park Road, Merritt Island.

This one-mile event encourages people in wheelchairs, with strollers, roller skates, or other wheeled devices to join with others for a "moving activity" to raise money for Brevard County Special Olympics. Check-in begins at 1 p.m. with a 1:30 p.m. start time.

A participant's minimum \$15 pledge will ensure a T-shirt and lunch. Pledges go directly to the Special Olympics program to fund such items as transportation, uniforms and equipment. Sponsorship levels include gold - \$1,000, silver - \$500, bronze - \$250 and friend - \$100.

Karin Rood was a 30-year volunteer for Special Olympics who passed away from Lou Gehrig's disease in August of 2008.

For additional information or a pledge form, call Nancy Taback at 455-1380.

### Support sick child

Get all your vehicles washed for a good cause March 21 beginning at 10 a.m. on the side of Advanced Auto Parts. The fund-raiser is for 8-year-old Sierra Journey Factor, a Titusville girl with a terminal genetic disease who is on the list for stem cell injections in China. Tickets are \$7 plus any donation. If you'd like to help the trust fund there's a Pay Pal link at [www.sierraschinajourney.com](http://www.sierraschinajourney.com).

### Learn at seminar

To commemorate Administrative Professionals Week, this year's IAAP Florida Division Spring Seminar will be hosted by the Central Brevard Chapter April 18 at Courtyard by Marriott Cocoa Beach, 3425 N. Atlantic Avenue, Cocoa Beach. CPS and CAP holders earn six recertification points with topics such as Communicating across Generations in the Workplace, Professional Image, Business Etiquette for the Business Professional, and more.

Enjoy a full day of learning how to develop your potential, improve your skills, and become more effective. The \$49 fee includes continental breakfast, training and lunch. Download a detailed flyer from the chapter web site at [iaapcentralbrevard.homestead/events.com](http://iaapcentralbrevard.homestead/events.com). All administrative support professionals are invited, IAAP membership is not required. For more information contact Debbie Carter CAP at [dcarter@hoyman.com](mailto:dcarter@hoyman.com) or 321.633.9366.

### Come to garage sale

Titusville MOPS holds a huge multi-family (over 50 families) garage sale fund-raiser March 27-28 at 1268 Meadow Lark Drive to benefit their group. Baby and maternity items, children's things, household items, furniture and clothes are just some of the things in the sale. March 27 is 7 a.m. - 4 p.m., March 28 is 8 a.m. - 3 p.m. The street is in the Laurel Run subdivision in the Meadowridge Development South near the Titusville Police Department.

Those who'd like to donate gently-used good can call Linda at 383-8293.

### You're invited to a Seder

Magen David Messianic Synagogue invites you to attend a Passover Seder April 10 at 6 pm. The Seder will be held at Island Community Church, 1000 N.

Banana River Drive, Merritt Island, FL. The Seder meal will be catered by Chef Larry Berkowitz. Tickets are \$20, and must be purchased by March 21. Please call Rabbi Jem Golden at 321-213-2259 for more information.

### Project Graduation needs items

Donations are now being accepted for a huge rummage sale sponsored by Titusville High School Project Graduation '09. The sale is in April in Titusville.

If you have any unwanted or unused items to donate to the project, contact Hillary Arena at 269-0085 or Matt Horner at 268-2820. Arrangements can be made for pickup of these items.

All proceeds from the sale benefit Titusville High School Project Graduation'09. Project Graduation is an all night celebration of fun, food games & prizes to keep graduating seniors safe and drug & alcohol free.

For more information on volunteering or donating to Project Graduation, contact Matt Horner at [THSPG09@bellsouth.net](mailto:THSPG09@bellsouth.net) or call 268-2820. Information on upcoming events can be found on the website at [www.thspg09.schools.office-live.com](http://www.thspg09.schools.office-live.com).

### Get your calendars

The Central Brevard Humane Society has marked down the remaining copies of their 17th Annual "Best Pets of Brevard" Calendar, from \$10 to \$5 each. Copies of the calendar can be purchased at the Humane Society located at 1020 Cox Road in Cocoa, the Molly Mutt Thrift Shops in downtown Melbourne, Merritt Island and Rockledge, Accent Framing in Titusville and at local veterinary offices.

All proceeds help pay for food, shelter and medical care for thousands of homeless animals in our community. For more information, contact the Central Brevard Humane Society at (321) 636-3343 or visit [www.crittersavers.com](http://www.crittersavers.com).



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**Library has fun**

The Mims-Scottsmoor Library is offering a number of programs in April. It is located at 3615 Lionel Rd, just 2.8 miles north of State Road 46 and one block east of US 1 next to Pinewood Elementary School. Call 264-5080 for more information.

**Fridays:** The Knit Wit Club meets every Friday at 12:30 p.m. until 2:30 p.m. to knit, crochet and chat. Beginners are welcomed, and the program is free.

**April 4:** Acrylic painting class taught by Pat Urbano. This month's project is a beautiful water bird, the heron. Cost is \$10 and includes all supplies. Class time is 9 a.m. – noon. Registration is required; call 264-5080.

**Tuesdays, April 7, 14, 21, & 28:** Jazzercise Body Sculpting: a 45-minute class for beginners. Class time is 6:15pm-7:00pm. Cost is \$20 for four classes, paid at the first class by cash, check or credit card to instructor Monica Benninghoff. Customers receive a 4-class pass for the Mims-Scottsmoor Public Library class location. Registration is required; call 264-5080.

**April 12:** Nora Drown conducts a Master Gardener Clinic to help solve gardening problems. The clinic is free and is held 2-3:30 p.m.

**April 14:** Securing the American

**Dream:** Learn about AARP's national effort designed to find broad-based, bipartisan solutions to the most compelling domestic issues facing the nation: giving Americans the tools they need to rebuild long-term financial security, and providing access to affordable health care for all. Speaker will be Fred Bates of the AARP speaker's bureau. The program time is 1-2 p.m. and is free.

**April 11 and 25:** Quilter's Anonymous meets every 2nd and 4th Saturday of the month at 10 a.m. – noon to share ideas, techniques, and inspire each other. Bring your projects. Free.

**April 23:** "Fishing in Brevard County" is a presentation sponsored by the Wild Treasures, Imperiled Species Program from the Florida Fish and Wildlife Commission. The event is free and begins at 6:30 p.m.

**Hudson speaks at meeting**

The Historical Society of North Brevard holds its monthly meeting March 23, 2 p.m. at the Conference Center at Parrish Medical Center. Speaker is Bob Hudson, former mayor of Titusville, past city council member and school board president and former editor and publisher of the Star Advocate. Hudson will show rarely seen slides and discuss the city's history after 1900.

The meeting is free and open to the

public. RSVP is needed as there are only 45 seats available. Call Ed Kindle at 514-0096 to reserve a seat.

**Have fun at fund-raiser**

The North Brevard Historical Society and Museum invites the public to its 16th Annual Afternoon in the Park and Barbecue March 28, 11 a.m. – 4 p.m. at Fox Lake Park. Enjoy vendors, lunch, crafts, antiques, demonstrations and entertainment. Donation is \$8 and tickets are now available at the museum. Lunch is barbecue pork or chicken, coleslaw, baked beans, rolls, coffee and tea served from noon – 2 p.m. Carry-out is available. For more information, call 514-0096 or e-mail emkindle@bellsouth.net.

**Space Walk of Fame holds events**

The Motorcycle Coalition will be riding to the Space Walk of Fame Museum around noon on the March 28 to visit the monuments at the Space View Park and to participate in guided tours. The coalition is riding for a cause and is collecting non-perishable foods to support Downed Biker Pantry, a fund to support those who have fallen. For more information, call Bear at 321-298-6046 or e-mail Bob Bailey at rbailey44@cfl.rr.com. The Space Walk of Fame is collecting non-perishable foods to donate to the coalition now through March 28. Drop off your donation and receive a free gift.

**May 2 -** Don't forget about Space Walk of Fame's 7th Annual Space Art Contest, May 2. All of Brevard's K-12 students will have the opportunity to display their art at the Searstown Mall April 29 through May 2. The awards and prizes will be presented at noon on May 2, and will be in U.S. savings bonds. Contact your school's art teachers for more information.

**May 4 -** The documentary "The Wonder of It All" will be shown at the IMAX theater at the KSC Visitors Complex at 6:30 pm to benefit the Space Walk Museum. This documentary recounts the narrative of seven men who walked on the moon and of their journeys from childhood to the present. There will be further information to follow.

The Space Walk of Fame Museum is located at 4 Main St., Titusville. For more information, call the Space Walk of Fame at 264-0434.

**See the Follies**

The annual Titusville Follies, a popular dance group, returns to Titusville Playhouse March 19-21 at 7:30 p.m. Tickets are \$15 and \$17 and can be purchased at the playhouse any weekday from 9 a.m. – 4:30 p.m., on the phone with credit card information at 258-1125 or at the door. For more information, call Penny Storm at 383-2288.

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### Join the Poker Run for cancer

Rally Against Cancer Day is March 21 in Titusville and includes a Poker Run beginning at 9:30 a.m. where cars, trucks, bicycles and motorcycles are involved. It's \$20 per poker hand and includes a T-shirt. Lunch is \$15 and there are package deals. The run departs Space Coast Cancer Center, 490 N. Washington Ave. and travels the poker route ending at Fox Lake Park.

At 1 p.m. there's a reverse raffle at the park, which is \$100 a ticket and includes lunch, a day of fun and a chance to win. Only 500 tickets will be sold. Every ticket drawn wins. Grand prize is a 2009 Harley Road King Classic.

The event needs donations to make it successful. Along with a monetary donation, the association is also in need of gift baskets, drawing items and gift certificates. Make donations to Space Coast Medical Associates Foundation, 490 N. Washington Ave., Titusville, 32796 or call Alice at 268-4200 or Debbie at 264-6160 for more information.

### Library more than just books

The Titusville Public Library holds the following children's events:

Ongoing Events:

Family Story Time, Tuesdays, 6:30 p.m. (all ages); Toddler Story Time, Wednesdays, 10 a.m. (Ages 2-3); Preschool Story Time, Wednesdays, 11 a.m. (Ages 3-5); Infant Story Time, Thursdays, 9:15 a.m. (Ages 1 month-walking); Pre-Toddler Story Time, Thursdays, 10:15 a.m. (Ages walking-2 years); Knitting and Crocheting, Mondays, 4:30-6:30 p.m. (Ages 9-up); Teen Puppet Club, Tuesdays, 5:30 p.m. (Age 13-up); Learn Manga, Wednesdays, 5:30-6:30 p.m. (Pre-Teens & Teens)

The Titusville Public Library is at 2121 S. Hopkins Ave. For information and to register, call 264-5026, and ask for Youth Services. All programs are free.

### Get prepared for baby

Birth Resources of Brevard offers childbirth classes in many convenient locations throughout Brevard County. Learn what is new in preparing for the birth of your baby.

Classes cover the components of breathing, relaxation, and position changes to help labor. Most classes are held in the evening and classes taught in Spanish are offered. Cost is \$50 per family unit. Registration is required by calling Katie at (321)252-4573 or going to [www.floridaoutreach.com](http://www.floridaoutreach.com).

The North Brevard childbirth class schedule is at Children's Center, South U.S. 1, Titusville – Tuesday classes will be held April 7 – May 5 for 5 sessions from 6:30-p.m.

Childbirth class dates are subject to change. Call (321) 252-4573 for more information or go to [www.floridaoutreach.com](http://www.floridaoutreach.com).

### Library holds March events

The Mims-Scottsmore Library holds the following events: Mondays and Thursdays Cathy Johnson teaches line dancing at 10 a.m. Fee is \$4, \$2 for seniors. Call her at 269-3082. Every Friday join the new group Knit

Wit Club 12:30-2:30 p.m. Join the knitters and crocheters for conversation, tips and ideas. Beginners are welcome. March 24 and 31 is Jazzercise For Beginners 6:16-7:15 p.m. Cost is \$20 for four classes paid the first class. March 26, 6:30 p.m., the original highwayman artist R.L. Lewis displays his paintings and demonstrates his technique. March 28, 10 a.m. – noon, is the Quilter's Anonymous monthly meeting.

### Kids have fun with bubbles

The Merritt Island/Beaches Area of Brevard County Parks and Recreation sponsors Breakfast and Bubbles for children from pre-kindergarten through age 10 March 28, from 9-11 a.m. at Kiwanis Island Park, 951 Kiwanis Island Park Rd., Merritt Island.

The cost to attend is \$5, and includes breakfast, bubble stations and sprinkler stations. Adults may enjoy breakfast for \$2. Reservations are required.

Children should wear swimsuits and bring towels, and must be accompanied by an adult.

For additional information or to register, call Kiwanis Island Park at (321) 455-1380.

### Get into bridge

Enjoy easy bridge beginner lessons at North Brevard Senior Center, 909 Lane Ave., Titusville — Wednesdays 9:30-11:30 AM, now through April 29. Bring a partner, or come alone and a partner will be provided. Cost \$36 for the first 6 lessons and \$25 for the month of April. Easybridge! books are available for \$10 to registered students. To register and for more information, call Charlotte 321-385-0793 or Cat 321-268-9530.

### Celebrate Recovery

Do you have a hurt, habit or hang-up? You are invited to the Central Community Church every Friday evening, 6:30-8 p.m. for Celebrate Recovery, a Bible-based recovery program.

Call 632-2880 or email [recovery@centralLIFE.org](mailto:recovery@centralLIFE.org) for more information.

### Get your craft table

Registration is under way at the North Area Parks Operations office for tables and spaces for the Fourth Annual Spring Festival of Crafts at Fox Lake Park in Titusville, to be held April 25.

Tables and spaces are \$15 each plus Florida state sales tax and are limited to two per crafter. All items must be handmade or homemade.

Application forms are available at North Area Parks Operations, 475 North Williams Avenue in Titusville, by sending a self-addressed stamped envelope, or online at [www.brevardparks.com](http://www.brevardparks.com). The registration deadline is 4 p.m. on April 10.

This activity is sponsored by Brevard County Parks and Recreation Department's North Area Parks Operations. Call (321) 264-5105 for additional information on this and other programs in North Brevard.

### Get a scholarship

The Jess Parrish Medical Foundation is accepting

**Continued on next page**

**From last page**

scholarship applications from high school seniors who plan to pursue a career in a medical/healthcare field. Scholarship amounts range from \$500 to \$1,500 and recipients will be announced in May.

Scholarships will be awarded to graduating high school seniors who reside in the North Brevard County Hospital District (Fay Boulevard in Port St. John north to the Brevard/Volusia county line). Students must have a 3.0 grade point average or greater, based on a 4.0 scale. Students who have been awarded a JPMF scholarship in previous years may reapply, provided they are continuing in a medical/healthcare field and have maintained at least a 3.0 grade point average.

High school students attending Astronaut High, Space Coast High and Titusville High may obtain an application from the Guidance Office at their school. Others may obtain an application by calling the Jess Parrish Medical Foundation at 321-269-4066. The deadline for submitting applications is April 3.

**Lost pet?**

Brevard Animal Services & Enforcement reminds citizens that its web site, [www.brevardanimalservices.com](http://www.brevardanimalservices.com) lists lost or stray pets that have been picked up by Animal Services & Enforcement officers, or dropped off at the South Area or North Area Care Center shelters.

On the Brevard Animal Services home page, there are links for Lost Pets, Adoptable Pets and other important information. From the Lost Pets page or

the Adoptable Pets page, web visitors will find options regarding the type of animal to search for: cats, dogs, or other.

For information about lost or adoptable pets, call (321) 633-2024.

**Rebate great for pet owners**

Brevard County Animal Services and Enforcement reminds companion animal owners to take advantage of the Spay/Neuter Rebate Program. This program assists Brevard County residents by contributing \$25 toward the cost of having pets altered, in an effort to reduce the homeless animal population of the county.

Residents must complete an application and meet the criteria to be eligible for monetary assistance for sterilization of their pet dogs and/or cats through this rebate program.

The rebate applies to "owned" companion animals only. No more than four animals per year/per household can qualify for the rebate program. Pets must have current Brevard County animal license tags and current rabies vaccinations to be eligible for the program.

Rebate applications are available at North Animal Care and Adoption Center, 2605 Flake Rd. in Titusville and participating veterinary clinics.

For more information and complete details on this program, call 321-255-4346 or 321-617-7503.

**Moms get some relief**

MOPS understands that the years from infancy through kindergarten are foundational in a mother-child relationship and are filled with unique needs.

MOPS exists to meet the needs of every mom - urban and suburban moms, stay-at-home and working moms, teen, single, and married moms - moms with different lifestyles who all share a similar desire to be the very best moms they can be! MOPS is for Moms to be, new moms, and all moms of children from infancy through kindergarten. Meetings are the 2nd and 4th Monday (Sept through May). Meeting fees are \$5 (scholarships available). Group activities are planned throughout the year, so don't hesitate to call and join us at any time of the year! MOPS meets at Indian River City United Methodist Church located at 1355 Highway 50, Titusville, 32780. For more information call Titusville MOPS Coordinator Linda Benson (321) 383-8293 or visit [www.orgsites.com/fl/titusvillemops](http://www.orgsites.com/fl/titusvillemops) or MySpace page <http://www.myspace.com/mopsoftville>.

**FPL helps your bills**

With rising costs of electricity coming at a particularly difficult time for its customers, FPL is committed to helping customers become more energy-efficient. A leaky duct system is one possible factor that can lead to a higher bill. In fact, two-thirds of all homes have leaky ducts that go undetected. Even if the air conditioning unit is in good shape, leaky ducts can cause air to escape, wasting energy and costing more money.

Identifying leaky ducts is fairly easy to do, and with FPL's help, it is fast and affordable. FPL customers who call to schedule a duct analysis performed by an FPL Energy Expert receive a complete report of repairs needed and a list

of independent contractors qualified to make the repairs. Additionally, FPL offers its customers incentives to help cover the cost of repairs.

FPL customers who want to learn more about FPL's Duct System Test and Repair can visit [www.fpl.com](http://www.fpl.com) or call 1-800-DIAL-FPL.

**Center needs beds**

B.E.T.A. of Titusville, Inc. Titusville's only crisis pregnancy center, has launched its annual "Crib for a Bed" campaign. Each year, during the holiday season, B.E.T.A. urges those whose babies have outgrown their gently used cribs to donate to the B.E.T.A. Center.

Needy mothers and dads year-round visit B.E.T.A. for free infant layette items, emergency diapers and formula, maternity clothes and baby equipment.

B.E.T.A. is open 9:30 am to noon, Monday through Thursday, at 620 Garden Street, Titusville. Volunteers are always needed. Phone 264-0446 to donate and arrange pick-up.

**Youngsters learn about nature**

The Central Area of Brevard County Parks and Recreation sponsors Nature Nuggets, a nature class for 3- to 5-year-olds that includes story time, crafts, songs, puppets and fun.

Nature Nuggets is offered the first and third Tuesday of each month at Rotary Park on Merritt Island at 9:30 a.m. 10:45 a.m., 2 p.m. and 3:30 p.m.

The class fee is \$4 per child and registration is necessary.


For additional information, call 321-455-1385.



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## To Your Health



By Kim Kuhn  
Nature's Provider Health  
Food Store  
Titusville

### Eat organic foods for healthy living

**W**hat exactly is organic? According to the Department of Agriculture, organic crops are raised naturally without using most conventional pesticides, artificial fertilizers, ionizing radiation or genetic engineering.

Animals raised on organic farms must not be given antibiotics or synthetic growth hormones, must be fed organic feed and given access to the outdoors.

#### Advantages of eating organic

Eating organic produce can dramatically reduce the amount of pesticides we ingest. "The average American is exposed to 10 to 13 pesticides each day from food beverages and drinking water," says Alan Green, MD, Board Chair of The

Organic Center.

A majority of pesticide residue can be found in fruits and vegetables. Some of the fruits and vegetables with the highest pesticide dietary risk include peaches, apples, bell peppers, celery, nectatines, strawberries, cherries, kale, lettuce, imported grapes, carrots, peas (Environmental Working Group).

#### Shopping for organic

Organic foods normally cost more and can be found at local supermarkets and farmers markets. Always look for the Organic USDA seal on the packaged food or sign.

Happy Health,  
Kim Kuhn

## Children Learn More from Do's than Don'ts

**Y**oung children will be better behaved when they know clearly what you expect of them. Instead of just saying, "Don't do that," show and tell your child what you do want him or her to do.

#### 1. Teach your child the steps of the desired behavior.

It is unreasonable to expect your child to do something if you haven't taught it to him or her.

#### 2. Have your child describe the behavior back to you.

This will tell you whether or not your child understands your expectations.



#### 3. Ask your child to demonstrate the behavior to you.

If your child can demonstrate the behavior reasonably well, then you know that it is within the child's abilities.

#### 4. Model the behavior yourself.

Children are always watching you and trying to imitate your behavior.

For more tips on parenting, visit [www.parenting.org](http://www.parenting.org) or call the Girls and Boys Town National Hotline, 1-800-448-3000.

A CFC participant – provided as a public service public service

## DEATH NOTICES

ASHLEY William, 59, of Titusville, died March 8. Arrangements by North Brevard Funeral Home in Titusville.

BROWN James, 51, of Titusville, died March 14. Arrangements by Newcomer Funeral Home in Titusville.

COUDRY Margaret, 39, of Titusville, died March 10. Arrangements by North Brevard Funeral Home in Titusville.

DIGGS Barbara Jane, 69, of Titusville, died March 15. Arrangements by Lewis-Ray Mortuary in Titusville.

FEELEY Edith, 83, of Titusville, died March 15. Arrangements by North Brevard Funeral Home in Titusville.

GILCHRIST Francis, 86, of Mims, died March 11. Arrangements by North Brevard Funeral Home in Titusville.

GRODI Ruby, 96, of Titusville, died March 7. Arrangements by North Brevard Funeral Home in Titusville.

HERNDON James, 80, of Titusville, died March 5. Arrangements by North Brevard Funeral Home in Titusville.

JAMES Hubert Lee, 62, of Titusville, died March 5. Arrangements by Lewis-Ray Mortuary in Titusville.

MAIN Debra Ann, 56, of Mims, died March 9. Arrangements by Funeral Solutions in Cocoa.

MAHAN Lorraine, 81, of Titusville, died March 7. Arrangements by Funeral Solutions in Cocoa.

McCREARY Paul, 71, of Titusville, died March 9. Arrangements by Lewis-Ray Mortuary in Titusville.

PARRISH Hugh, 73.. of Titusville, died March 10. Arrangements by Newcomer Funeral Home in Titusville.

PECKHAM Dixie Mackey, 76, of Titusville, died March 13. Arrangements by Perry Funeral Home in Centre, Al.

RENNER Herman, 87, of Titusville, died March 12. Arrangements by North Brevard Funeral Home in Titusville.

ROBNETT Jennette, 72, of Titusville, died March 10. Arrangements by Newcomer Funeral Home in Titusville.

SCRANI Joseph, 88, of Titusville, died March 9. Arrangements by North Brevard Funeral Home in Titusville.

SCOPELITIS, Jennie, 82, of Titusville, died March 89. Arrangements by North Brevard Funeral Home in Titusville.

SEABRIDGE Edward, 92, of Titusville, died March 5. Arrangements by North Brevard Funeral Home in Titusville.

SINGER William, 72, of Titusville, died March 14. Arrangements by North Brevard Funeral Home in Titusville.

SMITH Terry, 50, of Titusville, died March 2. Arrangements by North Brevard Funeral Home in Titusville.

WALKER Hilda, 75, of Titusville, died march 12. Arrangements by Newcomer Funeral Home in Titusville.

ZWIEFEL Faye, 76, of Titusville, died March 13. Arrangements by North Brevard Funeral Home in Titusville.

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# CLASSIFIED

### GARAGE SALE

**MOVING SALE** March 28 8-noon, TV and stand, dining suite and lots more. 5460 James Lane in Fawn Lake off Hwy. 46 in Mims.

### HOMES FOR SALE

Pool home, 3 bedroom 2 bath, fireplace, 2-car garage. On 7th fairway Sherwood Golf Course. \$179,000 or rent \$1,200 a month. Call (321) 626-1879.

### APT FOR RENT

2 bdrm/1 ba., washer & dryer, new paint and carpets. Newly remodeled. Great location. South Titusville. Discount given to seniors. Call (407) 765-2242.

1 bedroom, \$500 month/includes utilities. Call (321) 403-1537.

### MOBILE HOME FOR SALE

Marathon Key mobile home. Awesome fishing and get away! 2 bd/2 ba, lot rent \$691 mo. \$45,000 OBO. (772) 480-3790..

Brand new Craftmatic twin bed \$1,900. Call 267-9449.

32 ft. travel trailer permanently attached with screen room and storage building, Titusville. 55+ park. full price \$800 (Th is is the correct price.) Call (321) 385-3909 evenings or (904) 477-2435 days.

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## Sending Hope To Our Troops!



As an outgrowth of our vital work helping feed American military families while their loved ones serve in Iraq, this summer Feed The Children delivered special Care Boxes to American troops in Iraq. These big Care Boxes contained over \$150 worth of personal hygiene items, healthy snacks, sunglasses, music and reading material and other encouraging items.

The effort was just another way Feed The Children and Americans from coast to coast helped show their thanks and support to our brave troops so far from home. Just as we deliver good food and real hope to families like theirs each and every day!

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