



# NORTH BREVARD SENIOR CENTER NEWSLETTER

909 Lane Avenue, Titusville, FL 32780

(321)268-2333

nbsc@cfl.r

EDITOR: Adrienne Herrell

February 2014

## 2014 Memberships

North Brevard Senior Center is updating its membership database to serve you better. As part of that process, we are asking for more information on the 2014 membership applications. We especially need our LIFETIME MEMBERS to stop by and update your information or send in a completed application to us.

New members joining in February will pay \$12 for the entire year. Membership applications are available at the front desk or on page 16 of this newsletter.

### PLEASE HELP ICE MACHINE DIED

Sooner than we had expected, the ice machine gave up. Unfortunately, the donations toward a new machine has not materialized as robustly as we hoped. A replacement machine (smaller and cheaper) has been ordered but we are still far short of its price of \$1900. If there is any way you can spare \$5, please place it in the Contribution Jar at the front desk. As you might imagine, it costs a lot to maintain and update our Center- and we would like to make it really nice for you and your guests.

## Special Request for all Committee Chairs, Instructors, and Group Leaders

ALL Committee Chairpersons/Group Leaders and Instructors -Please submit a brief list/outline of your duties and responsibilities for your specific program. We want to have a guide on how each program functions that can be used as a program guide for new programs.

*Don Vycital*, President

## New Operations Manager Named



Welcome to our new Operations Manager, Barbara Payan. Barbara worked as Operations Manager on Thursdays and Fridays in the past. Barbara is known for her engaging smile and bubbly personality.

Stop by and welcome Barbara back. Her door is always open and she's very willing to work collaboratively with all members. Barbara formerly worked at Titusville Playhouse and as a dental hygienist for 30 years previous to that.

Be sure to visit our website at: <http://NorthBrevardSeniorCenter.tripod.com>

<b>ACTIVITIES</b>		
<b>MONDAY</b>	<b>COST/Member/Non-Member</b>	<b>Contact Person</b>
10—11 AM Senior Fitness	\$2/\$3	Linda 383-0735
9:30—4 PM Canasta	\$1/\$2	Eleanor 269-1742
11:15—12:15 Tap & Jazz	\$2/\$3	Linda 383-0735
12:15 Jack of Hearts	\$1 per ticket	Buy tickets at front desk
12:30—4 PM Dup. Bridge	\$5/\$6	Ralph 593-2212
1-3 PM Mexican Train Dominoes	\$1/\$2	Edna 269-2937
3:30—4:30 Zumba Gold	\$2/\$3	Adrienne 652-5830
5—6:30 PM Tap & jazz	\$1/\$2	Marsha 264-2776
6-7 PM Ballroom (Inter.)	\$4/\$5	Jean & Jency 759-4447
7-8 PM Ballroom Beginners	\$4/\$5	Jean & Jency 759-4447
7-9 PM BUNCO (2nd Mon.)	\$3/\$4	Cat 268-9530
6:30—10 PM Poker 1st, 3rd, 4th Monday	\$1/\$2	Sandy Trothier 383-8089
<b>TUESDAY</b>	<b>COST /Member/Non-Member</b>	<b>Contact Person</b>
10-11AM Dance Exercise	\$1/\$2	Adrienne 652-5830
10:30 AM—4 PM Pinochle	\$1/\$2	Rachel 267-7376
10:30– 3PM Dup. Bridge	\$2.25/3.25	Ruth 267-5837
12:30—3:30 PM Mahjongg Lessons	\$1/\$2	Betty 693-7261
1 PM Ballroom Beginners	\$4/\$5	Sue (309)236-5619
2 PM Ballroom Experienced	\$4/\$5	Sue (309)236-5619
1-2:30 PM Tai Chi	\$2/\$4	Jimmy 385-9140
1-4:15 Party Bridge	\$2/\$3	Gladys 267-3490
6-7 PM Beginning Line Dancing	\$3/\$4 \$25 for 12 week session	Ferrel 267-0195
7– 8:30 PM Line Dancing	\$3/\$4 \$25 for 12 week session	Ferrel 267-0195
<b>WEDNESDAY</b>	<b>COST/Member/Non-Member</b>	<b>Contact Person</b>
10—11 AM Senior Fitness	\$2/\$3	Linda 383-0735
10:30AM—1 PM Mahjongg (American Version)	\$1/\$2	Betty 693-7261
12:30—4 PM Duplicate Bridge	\$5/\$6	Ralph 593-2212
1-2PM Beginning Line Dancing	\$3/\$4 \$25 for 12 week session	Yvette 225-4872
2—3:30PM Line Dancing	\$3/\$4 \$25 for 12 week session	Yvette 225-4872
4-5 PM Senior Singles (2nd Wed.)	\$2/\$3	Jean 362-2359
6:30—8:30 Line Dancing	\$2/\$3 Come in the back door	Barbara 452-1944

<b>THURSDAY</b>	<b>COST/Member/Non-Member</b>	<b>CONTACT PERSON</b>
<b>9AM Free Blood Pressure Check</b>	<b>No Fee</b>	
<b>10-11 AM Dance Exercise</b>	<b>\$1/\$2</b>	<b>Adrienne 652-5830</b>
<b>10AM—2:30PM BINGO</b>	<b>\$8</b>	<b>Rachel 267-7376</b>
<b>1—4 PM Scrabble (2nd and 4th Thursday)</b>	<b>\$1/\$2</b>	<b>Adrienne 652-5830</b>
<b>3:30—4:30 PM Zumba Gold</b>	<b>\$2/\$3</b>	<b>Adrienne 652-5830</b>
<b>7-10 PM Karaoke</b>	<b>\$2/\$3</b>	<b>Bill 268-2013</b>
<b>FRIDAY</b>	<b>COST Member/Non-Member</b>	<b>CONTACT PERSON</b>
<b>9 AM—3 PM Canasta/Hand &amp; Foot</b>	<b>\$1/\$2</b>	<b>Eleanor 269-1742</b>
<b>10:30—Noon Writer's Club</b>	<b>\$1/\$2</b>	<b>Dorothy 607-6450</b>
<b>12:30—4 PM Duplicate Bridge</b>	<b>\$5/\$6</b>	<b>Ralph 593-2212</b>
<b>1—3 PM Mahjongg (American Version)</b>	<b>\$2/\$3</b>	<b>Betty 693-7261</b>
<b>7-10 PM English Country-Dancing</b>	<b>\$2/\$3</b>	<b>Onie 636-2209</b>
<b>7 -10 PM Party Bridge</b>	<b>\$2/\$3</b>	<b>Austra 269-6593</b>
<b>SUNDAY 2—4 PM Intermediate/Advanced Line Dance</b>	<b>\$3/\$4</b>	<b>Ferrell 267-0195</b>

### **ACTIVITIES BY CATEGORY**

#### **CARDS DAY & TIME**

Bridge (Duplicate) M.W.F 12:30  
 Bridge (Party) Tuesday 1 PM  
 & Friday 7-10 PM  
 Canasta (Hand & Foot) Friday 9-3  
 Canasta Monday 9:30—4 PM  
 Poker 6:30—1st,3rd & 4th Monday 7 -10 PM  
 Pinochle Tuesday 10:30—4PM

#### **GAMES**

BUNCO 7-9 2nd Monday  
 Jack of Hearts Drawing Monday 12:15  
 Mexican Train (Dominoes) Monday 1-3 PM  
 Mahjongg Lessons Tuesday 12:30-3:30  
 Mahjongg Wed. 10:30 & Fri. 1 PM  
 BINGO Thursday 10—2 30  
 Scrabble 2nd & 4th Thursday 1-4PM  
 Billiards (Pool) Daily 9AM—4 PM

#### **DANCE & EXERCISE CLASSES**

Senior Fitness M & W 10—11 AM  
 Zumba Gold Monday 3:30  
 Thursday 6:30  
 Tai Chi Tuesday 1-3:30 PM  
 Tap & Jazz Monday 11:15 AM  
 Monday 5—6:30 PM  
 Dance Exercise Tues. & Thurs. 10-11 AM  
 Line Dance (Beginners) Tues. 6PM & Wed 1 PM  
 Line Dance Tues 7PM , Wed 2PM & 6:30 PM  
 English Country Dance Fri 7-10 PM  
 Ballroom Dance Mon 6 & 7 pm Tues 1 & 2 PM

#### **OTHER**

Senior Singles 2nd Wed. 4-5PM  
 Writer's Club Friday 10:30  
 Computer Classes—sign up in media room  
 Karaoke Thursday 7-10 PM

**EXECUTIVE COMMITTEE****PRESIDENT**

Don Vycital

**1ST VICE PRESIDENT**

Dotti Kunde

**2ND VICE PRESIDENT**

Rachel Kusterer

**SECRETARY**

Marsha Clayton

**TREASURER**

Jean Simoes

**BOARD OF DIRECTORS**

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 Joe Mangino  
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 Julie Mendez  
 George Van Staden  
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 Gladys Amick  
 Delores Abraham

**HONORARY LIFETIME EMERITUS**

Truman Scarborough

**EMERITUS**

Evvy Bamford  
 Estelle Daugherty  
 George Hall  
 Walter Landman  
 Doris McDowell

**NEWSLETTER EDITOR**

Adrienne Herrell

**COPY EDITOR**

Yvette Kling



## President's Message

February is Heart Month. Be sure to share your love with a Valentine for those close to you.

I want to take this time to share our love and admiration for the ladies who come in every Thursday morning to check our blood pressure. They are: Ms. Jennifer Simpson from "Nurse On Call Home Healthcare," and Ms. Rhianon Haga from "Royal Oak Nursing and Rehab".

I would also like to thank our Senior Singles Group who donated \$200.00 towards the cost of our new Ice machine. We are still in need of about \$800.00. I'm also aware that some folks have come by the receptionists and given \$5.00 to \$10.00. We appreciate every dollar given (big or small) to support this unexpected expenditure. Thank you very-very much to all those who have given from their heart.

The NBCS Executive Committee has selected Barbara Payan as our new Facility Manager. We hope you will stop by and welcome her back aboard.

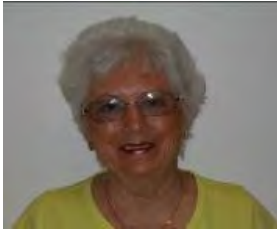
Please continue working together to make this the place that's all heart. Remember that we are always looking for fun-loving seniors who want to make this the best senior center in the state of Florida.

I cannot guarantee to keep everyone happy; however I will do my best to be fair and honest for the best of the NB Senior Center.

*Don Vycital* Cell: 321/537-9034

E-mail: bears2@bellsouth.net

(Note: sometimes I'm a teddy bear and sometimes I can be a grizzly bear. Be gentle with me and I'll do my best to remain a teddy.)



## Ask Dotti

Valentine's Day is almost here. Whatever your plans, I hope you can use the two recipes this month. The punch is a favorite here at the Center and I was asked to please put it in the newsletter. Also the Seafood casserole is a winner. I got the recipe from a store in Colorado, when I was there for Thanksgiving. I served it Christmas Eve at my Christmas Eve party. It was a hit. I hope you enjoy both and have a Happy Valentine's Day.

### Pineapple punch

46 oz. can pineapple  
 3 cups Apricot nectar  
 1 quart club soda  
 1 quart pineapple sherbet

Combine chilled juices in a large punch bowl.  
 Add club soda and sherbet just before serving.

Yield; 25-30 servings

### SEAFOOD CASSEROLE

1 cup butter, divided  
 4 cups cooked seafood (any mixture of your choice, scallops, shrimp, lobster, crab)  
 2 tablespoons flour  
 1 cup cream (light, whipping or heavy)  
 ½ teaspoon salt  
 ½ teaspoon pepper

#### TOPPING:

1/2 cup crushed Ritz crackers (1 sleeve crackers makes about ½ cup, crushed)  
 Note: I used about 3/4 cup  
 ¼ cup crushed potato chips (I used about ½ cup)  
 3 teaspoons parmesan cheese  
 2-3 teaspoons paprika  
 ½ cup melted butter



# TITUSVILLE PLAYHOUSE



## Emma's Attic

**The Irish Curse - Rated R - February 14 - 23, 2014**

What "The Irish Curse" is – and how it manifests itself – is the raw centerpiece of this wicked, rollicking and very funny new play. From its blistering language to its brutally honest look at sex and body image, *The Irish Curse* is a revealing portrait of how men define masculinity. In doing so, it dares to pose the fundamental question that has been on the minds of men since the beginning of time: "Do I measure up to the next guy?"

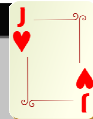
## Mainstage **Clue, The Musical – Rated G February 28 – March 16, 2014**

*Music By: Galen Blum, Wayne Barker, & Vinnie Martucci Book By: Peter DePietro Lyrics By: Tom Chiodo-*

The internationally popular game is now a fun filled musical which brings the world's best known suspects to life and invites the audience to help solve the mystery: who killed Mr. Boddy, in what room and with what weapon? The audience receives forms to help them deduce the solution from clues given throughout the fun filled evening.

(321)268-3711 Join in the FUN!

**Jack of Hearts Winners**  
**The jackpot is now**  
**over \$500!**



Jan. 6-Carolyn Schuler \$5

Jan. 13 –Carolyn Schuler \$5

Jan. 20– Nancie Prevatt \$5

Jan. 27—George Zavasky \$5

**The Jackpot is now over \$500!!**

**What Will Happen To  
Your Family and  
Your Money If You  
Go Into A Nursing  
Home?**

**Allender & Allender May Be Able  
To Preserve Your Life Savings  
Today...  
Before It's Too Late**



Jerry Allender



Steven Allender

Call today to schedule a  
Medicaid Planning consultation.

**Did You Know That**

- In Florida, nursing home expenses average \$7,000 per month, or \$84,000 per year.

**But Did You Also Know That**

- There are sound, proven legal and financial strategies that may preserve your assets from nursing home costs, even after you or your loved one has entered a nursing home.

**ALLENDER  
&  
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## Jack of Hearts Rules

**Tickets are sold by the Greeter or Operations  
Manager. They are \$1 each.**

**You write your name and phone number on  
each ticket and place it in the tumbler drum.**

**Drawings are held on Monday at 12:15.**

**Jokers and other Jacks pay \$25**

**All other cards pay \$5**

**If you chose the Jack of Hearts, you win the  
jackpot which is now over \$500!**

# BINGO

Every Thursday at 10 a.m. Doors open at 9 a.m  
Free Snacks & Coffee

\$8 to play 16 regular games  
Special paper games \$1

FUN, FRIENDLY PEOPLE  
NO SMOKING

## NEW MEMBERS

- Angelina Abbateamarco
- Juanita Bintemire
- Joan Cavanagh
- Sandy Lynn Elledge
- Thelma Fallen
- Marshall Holstrom
- Nancy Hughes
- Mary Leonard
- Paul Leonard
- Sylvia LePage
- Katie McCluskey
- Beth Moon
- Barbar Perkins
- Dave Perrone
- Renee Perrone
- Sandra Valentine



## Smart Phone Workshop

Is your smart phone  
smarter than you are?

Here's HELP!!  
Wednesday February 5th and 19th  
11AM

Instructor: Raymond



Bring your phone !

# ROYAL OAKS

## NURSING & REHAB CENTER

### Mahjongg????

Want to learn something new in 2014?

If you are interested in learning to play Mahjongg or just need a refresher, this is your opportunity.

Mahjongg class meets each Tuesday at 12:30 PM

For more information call:  
Betty (321)693-7261

### Resolve to Be More Frugal ?

AARP did a study and found the best places to buy certain items. Here are their finding:

Reading Glasses—Dollar Stores  
Laundry Detergent—Membership Warehouses  
Soft drinks—Grocery store sales  
Greeting cards—Dollar Stores  
Printer/Copier paper—Membership Warehouse Stores  
Paper napkins—grocery store sales  
Batteries—Dollar stores  
Artificial Sweeteners—Membership Warehouse Store



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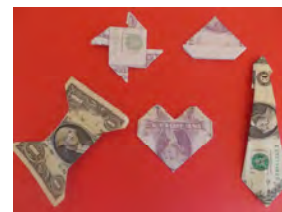
### February Craft Class

Wed., February 19, 2014, 12:30 pm  
We will be learning how to make Money Origami.

Bring FIVE CRISP/NEW ONE DOLLAR BILLS, besides the cost of the class.

Cost \$1 members, \$2 non-members.

Call Glenna at [321-567-5016](tel:321-567-5016) to reserve space.



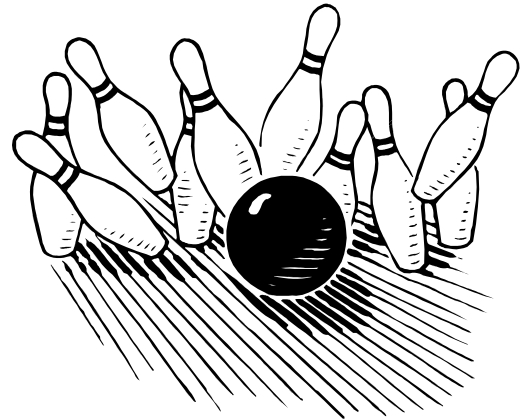


## 2013 Boosters

DOROTHY ANDREWS  
 LORETTA BODZIAK  
 FREIDA BROWNL  
 JAMES BULLARD  
 PHYLLIS N. CADY  
 EUGENE C. CADY  
 ANNE DeCARLO  
 KENNETH EASTRIDGE  
 CATHERINE (KAY) FISCHER  
 VALERIE FRANCIS  
 SUSAN FRANK-GASS  
 DOROTHY FUCHS  
 WILLIAM GASS  
 MARIANNE GREENBLUM  
 ADRIENNE HERRELL  
 MARY KILTY  
 BARBARA LAWING  
 JOE MANGINO  
 BARBARA MANZI  
 MARY MARTIN  
 CURTICE MARTIN  
 PETE MAZZATTO  
 FERREL MAZZATTO  
 WAYNE McCALL  
 MARION McCALL  
 JOHN McLAUGHLIN  
 WILFRED MEEHAN  
 WILLIAM MENTZ  
 DORIS MERRILL  
 AUSTRALIA MILLER  
 SHIRLEY MINTHORN  
 CAROLYNN MOUAT  
 CAROLE NARCISO  
 LAWRENCE OPPENHEIMER  
 BARBARA PAYAN  
 W. WAYNE PEAL, SR  
 JERINE PITTMAN  
 BRUCE RADCLIFFE  
 GWEN RESPESS  
 ERIC RHYS  
 JEAN RICHARDS  
 SUE RUSSELL

JESSIE RUSSELL  
 ANDREW SHAYKA  
 KENNETH SLATTERY  
 MARIAN SPITZKEIT  
 MARY JO SPRINKLE  
 GEORGE VAN STADEN  
 EVELYN VAN STADEN  
 MARILYN VARNADO  
 BETTIE WALLACE  
 FRANK WALLEY  
 FAYE WALLEY

**We now have 803  
 members and 51  
 Boosters.**



### Wii Bowling Results

#### Final Results from Fall League

1st	King Pins	48 wins	8 losses
2nd	Bowling Fools	47-9	
3rd	Screwballs	39-17	
4th	Strikers	34 1/2—21 1/2	
5th	Senior Singles	23 1/2—32 1/2	
6th	Gutter Girls	13—13	
7th	4 Aces	12—14	
8th	2 now 4 2—54		

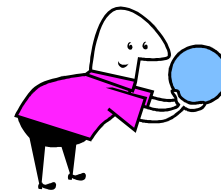


### New League starts Feb 3rd

If you play to play sign-up in the media room. EVERYONE must sign up EVEN IF you played last fall!!

We still need Wii bowlers!  
 There are openings. To join,  
 sign up in the media room.

**Wii Bowling is sponsored by  
 Beef O'Brady's.**



## Lifestyle and Longevity: Lessons from a Ninety-four year old

Olga Kotelko is a retired school teacher from Canada who competed in her first track meet at age 77. Since then she has set 20 world records in her age group. How does a seventy-seven year old become an athlete? Researchers are now studying “super seniors” like Olga who seem to put the brakes on the aging process.

Dr. Angela Brooks-Wilson, a geneticist in the Genome Sciences Centre in Vancouver, Canada says, “We think longevity is about 70 to 75 percent lifestyle.” Here are the six smart habits of super agers:

- Swap the Sudoku for sneakers. Physical exercise helps the body but scientists are finding that it also helps the mind.
- Stay on your feet. Simply standing up more is the best thing sedentary people can do to start to become healthier. Even a morning jog can't compensate for being inert the other 23 hours of the day. (If you can't walk, move your arms and shoulders in time to music.)
- Eat real food. Stay away from processed food and eat fruit, vegetables and lean meat.
- Be a creature of habit. It is habit that determines food and exercise choices. You may have to make a concerted effort to change your habits, BUT once they're changed it is easier.
- Cultivate a sense of progress. We all need to feel that we're making progress. Keep track of the ways in which you're making changes in your eating and your levels of activity.
- Lighten up. Don't allow yourself to become stressed over small things. Olga's advice? “Enjoy life! Find activities you enjoy and help you to keep moving.” START NOW!

## Given the Time, VITAS Can Do So Much

- VITAS brings hospice care right to the patient's home.
- Given time, VITAS turns crisis mode to comfort mode.
- Given enough time, VITAS helps patients and families make memories and leave lasting legacies.

**When time is precious, it's time to call VITAS**



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 321.751.6671 Office • 800.723.3233 Referrals  
[VITAS.com/florida](http://VITAS.com/florida) • [twitter.com/VITASHospice](https://twitter.com/VITASHospice)

## Did you know?

**Many of our classes and groups at North Brevard Senior Center perform for community events.**

**For Line Dancers call Ferrel 267-0195 or Yvette 225-4872**

**For tap and/or jazz dancers call Marsha 264-2776 or Linda 383-0735**

**For singers call Fran 267-4930**



## February Events at Titusville Public Library

Tim Dorsey - book talk and signing of his new book *Tiger Shrimp Tango*  
Thursday, February 6 at 2 PM.

All Things Cooking Club—Different cooking every month—  
Monday, February 10 at 6 PM. *Swap recipes, see a cooking demonstration.* Light refreshments served

Book Club—Thursday, February 13 2 PM *The Astronaut Wives Club* by Lily Koppel. Join us for great conversation and light refreshments.

*Check at the reference desk for more information  
Or call 264-5026*



### Florida Concealed Carry Permit Course

This six-hour course is designed to qualify/certify the average citizen of the state of Florida to carry a concealed weapon

When: Sun. February 23, 2014 from 8 AM to 3 PM  
OR Sat. March 22, 2014 from 8 AM to 3 PM

Where: American Police Hall of Fame—  
6350 Horizon Dr. Titusville, FL (1/4 mile east of US 1 on S.R. 405)

Cost: \$99 Includes lunch, all paperwork, notary and all range materials (Ammo not included)  
A weapon will be provided for the day, if you choose. We encourage you to bring your own fire-arm.

A \$25 non-refundable pre-registration is required and is deducted from the class fee (total \$99)

Call 321-652-9160 for more information



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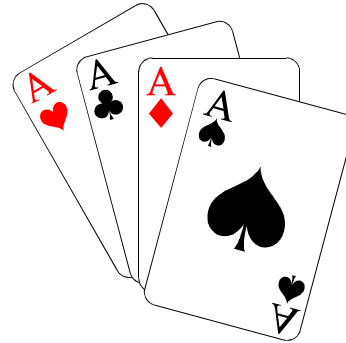
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# CARD & GAME PARTY



**Friday, March 21st  
10 AM**

TICKETS \$10  
ON SALE @ OFFICE  
TIL 4 PM ON MAR. 14<sup>TH</sup>

***(SORRY, NO TICKETS  
SOLD @ DOOR)***

**INCLUDES  
LUNCH  
CATERED BY DOTTI  
FEATURING HER FA-  
MOUS  
DESSERT BAR!**

DOOR PRIZES – 50/50 RAFFLE  
OPEN TO THE PUBLIC!

Bring your friends  
& play the card game of your choice!

Not a card player?  
Bring your friends & your favorite board game.

*(All proceeds benefit the North Brevard Senior Center, a non-profit organization.)*

## Looking for rental space for an event?

Did you know that North Brevard Senior Center has space available to rent for parties, weddings, receptions, reunions? Our facility has spaces available for groups of 25 – 250 people. Facilities include:

- Full kitchen appropriate for preparing foods or catered events
- Formal ballroom with stage
- Rooms of various sizes
- Outdoor space with gazebo and beautiful lake

Thinking about having a lovely outdoor wedding? Our lakefront gazebo is perfect and the reception could be held right on the premises. Some rooms can be divided with moveable doors. Larger rooms have lovely dance floors.

Prices range from \$25 to \$700. Feel free to come by and tour the facilities 9AM-4PM. Call for a guided tour and more information (321)268-2333.



Peaceful, quiet lakefront setting

Gazebo with power available

Full kitchen, tables and chairs on site

Everything you need for a lovely event!



# TRAVEL

**NORTH BREVARD SENIOR CENTER, PARTNERING WITH MARTIN ANDERSEN SENIOR CENTER, OFFERS THE FOLLOWING ESCORTED TRIPS. ALL TRIPS SHOWN BELOW INCLUDE ROUND-TRIP MOTOR COACH TRANSPORTATION (NON-SMOKING COACH), ADMISSION & ALL TAXES/TIPS.**

**THURS  
FEB 27**

**STRAWBERRY FESTIVAL (\$67 pp)**

Senior Day at the Strawberry Festival. Free morning concert with Jimmy Sturr. Lower level reserved seating for Branson's Shoji Tabuchi, a Japanese-American country music fiddler and singer. Minimum of 40 people. **SEATS GOING FAST – SIGN UP TODAY!**

**SAT  
MAR 1**

**WARHORSE (\$128 pp)**

Lunch at the Ale House, then the award-winning production at Bob Carr Theater in Orlando about a young man & his horse. Breathing, galloping, charging horses on stage – their bodies built of steel, leather & aircraft cables! Life-size puppets strong enough for men to ride – a show you'll never forget. Minimum of 35 people.

**SIGN-UP DEADLINE: FEBRUARY 5**

**WED  
MAR 19  
NEW**

**CASSADAGA TAROT READINGS (\$73 pp)**

What will your reading reveal about you? Enjoy lunch at Sinatra's Ristorante and a 10-minute mini-Tarot card reading at the Cassadaga Hotel. If you would like extended Tarot, tea or palm readings there are several shops within walking distance. The Purple Rose Trading Company will be extending discounts to our group on this day. Minimum of 35 people.

**SIGN-UP DEADLINE: FEBRUARY 15**

**SAT  
MAR 29  
NEW**

**EVITA (\$124 pp)**

Enjoy lunch at the Ale House and then to Bob Carr Performing Arts Center in Orlando to see this legendary show of Eva Peron, a story of her life from The slums of Argentina to the Presidential mansion as First Lady. She was adored by her people and became one of the most powerful women in the world. Minimum of 35 people.

**SIGN-UP DEADLINE: FEBRUARY 15**

**TUES - THUR  
APR 22 – MAY 1**

**SHADES OF IRELAND**

Call *All About You Travel* (321-631-8080) today for a copy of the complete itinerary for this fabulous 10-day trip to discover the joys of Ireland, including a stay at Cabra Castle! Payment schedule available.

**SAT  
APR 26  
NEW**

**JERSEY BOYS (\$134 pp)**

Lunch at the Ale House and then we'll get rocking at the Bob Carr Performing Arts Center in Orlando. This is the Tony Award-winning show of how four blue collar kids became Frankie Valli and the Four Seasons. Minimum of 35 people.

**SIGN-UP DEADLINE: MARCH 15**

**INFO / RESERVATIONS: FLYERS AT THE NO. BREVARD SR. CTR. LOBBY**

## Line Dance Party

Friday, February 14th  
7-10 PM



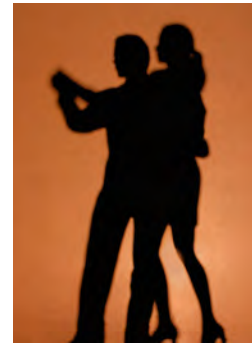
\$5  
Soft drinks & snacks  
provided

## Center Dance Party

Saturday  
February 15th  
7:30—10:30  
PM

Music by

Monk  
Fallows



**BYOB**  
**\$6/\$7**

## Karaoke Anyone??

Come and join in the singing with  
host, Mike Schuler 268-2013

\$2 Admission for NBSC Members  
\$3 for non-members

EVERY Thursday  
in February 7—10 PM



## Space Coast Center for Independent Living

“Need a Ride” Program

Transportation is provided for indi-  
viduals of all ages who have disabili-  
ties.

We offer trips to medical appoint-  
ments and grocery shopping using  
our wheelchair accessible vans.

Transport to a SCCIL activity is  
free. There is a small fee for other  
trips.

Call 321-806-3199 for more infor-  
mation

# What You Need to Know About the New Health Care Law

- Preventative and wellness benefits are now covered
- Young adults can now stay on their parents' insurance until age 26 when they're still in school
- Insurance companies can no longer deny you coverage for pre-existing conditions
- Insurance companies can no longer place limits on dollar amounts they'll pay in a single year OR your lifetime
- Medicare now covers a yearly wellness visit, immunizations, and screenings for diabetes, cholesterol, and certain cancers.
- Medicare Drug coverage provides discounts for medication needed "in the donut hole."
- Can obtain coverage online, by phone, or in person.
- Essential Health Benefits must cover doctor visits, emergency care, hospital care, prescription drug coverage, and preventative care.
- You may be eligible for help with costs, depending on your income
- AARP has a website where you can have questions answered:  
healthlawanswers.aarp.com



Source: AARP

Year	2014				<i>NBSC Membership Application</i>				Volunteer?		
Name									Advertising		
Birthday			Anniversary							Board of Directors	
Local Address									Computer		
City, State, Zip									Decorating		
Address #2									Events		
City, State, Zip #2									Front Desk		
Home Phone			Cell							Instructor	
E-mail											
Emergency Contact			Emerg. #							Kitchen	
Amount Paid			Method of Payment			Date paid			Library		
Booster Amount			Method of Payment			Year paid			Maintenance		
Administration Comments									Other		
Lifetime Member Since?			Annual Member Since?								
<b>Interests</b>									Room Set-up		
Ballroom			Bridge			Line Dance			Writing Grants		
Other									Writing News		